

**COVID-19 Tribal Leadership Session Minutes
April 7, 2020**

Chase Gray, NSHC	Megan MacKiernan, NSHC	Angie Gorn, CEO, NSHC
Kelly Bogart, NSHC	Cameron Piscoya, NSHC	Reba Lean, NSHC
Dr. Mark Peterson, Medical Director, NSHC	Kirsten Timbers, NSHC	Carol Charles, NSHC
Megan Alvanna-Stimpfle	Katie Hannon, NSHC	Charles Swanson, Koyuk
Howard Weyiouanna, City of Shishmaref	Carolyn O, City of Teller	Nelson Mixsooke, BSNC
Jeannie Kost, NSHC	Opik Ahkinga, Diomede	Frances Ozenna, Diomede
Karla Nayokpuk, Mayor, City of Shishmaref	Cora, City of Teller	Charlene Saclamana, Kawerak
Cherri McConnell, Kawerak	Mary David, Kawerak	Carol Piscoya, Kawerak
Charlene Isabell, Teller	John Bioff, Kawerak	Glenn Steckman, Manager, City of Nome
Tiffany Martinson, CEO, NEC	Robert Tokianna Jr., Wales	Sean Lee, NSHC
Joanne Keyes, Wales	Dan Harrelson, City of White Mountain	Ronda Burnett, NSHC
Janice Knowlton, KINC	Jason Harrel, NSHC	Lori Hughes, NEC
Preston Rookok, Savoonga	Blanche Garnie, City of Teller	Charlie Brown, Golovin
Barb Gray, Council	Andrew Norris, Kawerak	J. Ongtawasruk, Wales
Traci McGarry, Kawerak	Donna James, Kawerak	Christine Schultz, NSHC

*There were over 75 callers in today's meeting

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Angie gave an introduction regarding the purpose, standing agenda, and frequency of the call. The daily call will be at 11 am Monday through Friday and will include NSHC administration and Medical Staff. The Standing Agenda includes:</p> <ol style="list-style-type: none"> 1) Prayer 2) Medical Staff Briefing 3) Rachel Lee 4) Burial Services Information 5) Advance Directives 6) Point of Care Testing in Nome <p>Note- Any questions may be sent to Reba Lean at relean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer	Prayer was given
Medical Staff Briefing – Dr. Mark Peterson, Medical Director	<p>Dr. Megan gave the medical staff update:</p> <ul style="list-style-type: none"> - Governor revised Mandate 005, elective procedures to extend to June 15, 2020 - 0 cases of COVID-19 in region - Over 20 test, all negative, a few pending - Statewide 213 confirmed cases of COVID-19 - ANMC has no COVID-19 patients on inpatients - Increase in telemedicine across facilities; e.g. eye care, dental, on urgent and emergent cases - ANMC is doing some by telephone or video - The state is working optimize internet services

	<ul style="list-style-type: none"> - You can see your telehealth or telemedicine i.e. <ul style="list-style-type: none"> • URI • Med refer • Otis media • Bronchitis • UTI • Smoking cessation • BHS services <p>Angie read some questions and answers to questions?</p> <ul style="list-style-type: none"> ○ What procedure should I use for handling garbage? <ul style="list-style-type: none"> ▪ Follow routine handling procedures, even if anyone picking up trash. Wearing gloves and wear a mask in public. You should always wash your hands after handling trash. ○ Do the villages need incinerators to burn red waste at the local community level? ○ Are all patients whether they are sick or healthy, are they using one entrance?
<p>Rachel Lee</p>	<p>Rachel Lee provided education on house hold cleaning, grocery store runs,</p> <ul style="list-style-type: none"> ○ Grocery Shopping <ul style="list-style-type: none"> - Plan on going, social distances - Plan on getting two weeks supplies - Maintain 6 feet - Don't touch items you aren't going to buy - If you are using reusable bags, wash after each and every use - Wear a cloth mask - Choose paper over plastic - Wash hands when you get back - Leave items to side for three days, if you can, if not use disinfectant, when possible - For produce, depending on produce, soak in clean cold water for about an hour. One cup of vinegar to one gallon of water is another option - Wash your hands, for at least 20 seconds - Throw away the plastic bags after getting home or set aside for three days, you can use them for trash bags. Three days in a ventilated space ○ Household cleaning <ul style="list-style-type: none"> - Regularly clean with soap and disinfectant, frequently touched surface, door handles, light switches, draw handles, etc. - Follow manufactures guidelines with good ventilations - Using gloves for disposing of hunny buckets and make sure to tie the bag before leaving - Follow local recommendations, if you need to double bag it ○ Handwashing <ul style="list-style-type: none"> - Have water and sewer at home <ul style="list-style-type: none"> ▪ Wash for 20 seconds, ABC song slower - For unserved home <ul style="list-style-type: none"> ▪ Handwashing solutions guidance that Megan created (2 tbsp of bleach

	<ul style="list-style-type: none"> per gallon of water) <ul style="list-style-type: none"> ▪ Use two hand washing basin, one for soap and one for rinsing ▪ If using basin, clean it out frequently ○ Clothing <ul style="list-style-type: none"> - Wash on the hottest setting ○ Can the virus be contracted by shedding? <ul style="list-style-type: none"> ▪ The virus is transfer through water droplets. Practice social distancing, wearing a face mask, and once you get home, wash your hands ▪ The virus can only grow by a host, generally a human ▪ Majority of transmission is through respiratory contact
<p>Burial Services Information</p>	<p>In UNK:</p> <ul style="list-style-type: none"> - Pastor gave guidelines <ul style="list-style-type: none"> ○ Short grave site services ○ Service will be at the grave site ○ Only family to attend the services ○ Will maintain spacing 10 feet between households ○ No hugging family ○ Those with vehicles, will need to stay in side them ○ Will use a loader for bury. ○ No contact with the body or caskets. ○ Send messages via text, facebook, or calls. ○ There will be a potluck in the future once the restrictions are lifted. <p>Community may delays services</p> <ul style="list-style-type: none"> - Community Morgues <ul style="list-style-type: none"> ○ We have morgues in majority of the communities. ○ Shaktoolik was just in stalled ○ Wales is ready to be installed we just need a location. ○ Brevig, Teller, Golovin, and WMO that do not have NSHC Morgues. ○ We are moving forward with the village morgues. <ul style="list-style-type: none"> ▪ Wales, Gambell, SVA in quansett hut for this summer. ○ Mike and Chase will work with every community to see what the need is in each community. ○ Morgues could go down to at least 30 degrees. Might be 28 degrees. If there is a specific village that is having temp issues, please contact Clinic Staff and clinic staff will contact Chase or local Technician. <p>Christine Schultz made the following comment:</p> <ul style="list-style-type: none"> - Social Services will continue to support the families that have a death in their family, no matter if the death is related COVID-19. - Funding sources for those that being made or metal caskets. - \$2500 for a casket and funeral preps in Anchorage, no including shipping. NSHC has recently expanded the bereavement program. If a person needs to use a funeral home, NSHC will provide up to #2500 as payor of last resort. - NSHC keeps a few caskets. We got a blue and white one. NSHC doesn't make any money off of this. - Working with State Medical Examiner and funeral homes.

	<ul style="list-style-type: none"> - There are CDC guidelines for handling the bodies. - Megan Christine is working on getting the correct body bags based on the CDC Guidelines. - If you have any question please contact Christine S or Charlotte Keys. - Wash the deceased hands and put a barrier over mouth and nose. o Currently when we have an unattended death, we are required to send out for autopsy, is this still a rule? <ul style="list-style-type: none"> ▪ It is on a case by case basis.
<p>Advance Directives</p>	<ul style="list-style-type: none"> - It's best to always have a plan in place before being hospitalized. You can decide before you are injured or hospitalized or unable to speak or communicate. - This is to inform your health care provide to know your wishes if you are unable to communicate. - Ensure a copy gets to NSHC to place in the individuals medical record, in the villages, Health Aides or social services. <p>Sometime in the villages have hard time paying for caskets or freight</p> <ul style="list-style-type: none"> - NSHC has created an agreement with Funeral homes, and it is a reduce rate. - If you are having issues with cost, please contact social services. <p>Danielle Slingsby, Kawerak</p> <ul style="list-style-type: none"> - There is burial assistance program - Max \$2500 - Income base - On website under Supportive Services - Land Management Services with creating will – 907-443-5231 they can route you to Land Management, Tony Weyiouanna. <p>Free support to develop a will from Alaska Legal Services Corporation</p> <ul style="list-style-type: none"> - 907-443-2230 Nome Line <p>BSNC Bereavement Assistance</p> <ul style="list-style-type: none"> - \$2500 - It is for Original BSNC shareholders, lineal descendant of original sharehodler, or spouse of original shareholder. - Kimberly Gooden's Direct Number: 907-443-5301
<p>Point of Care Testing in Nome</p>	<p>Its doing validation. Hopefully tomorrow, we can run test on it. At ANMC, the Abbott 1000 Unit is expected to be running on Saturday. They will take beneficiaries and non-beneficiaries (as long as they have insurance information). This Abbott ID Now comes with specific testing supplies. We may have difficulty keeping up with supplies. We will continue to also use ANMC. It is fairly unlimited at ANMC.</p> <p>Sharing Foods- with other households.</p> <ul style="list-style-type: none"> - Virus will not be in food. - Let's not share cake pans, do not share cooking utensils. <p>How long it would take to come back to the villages.</p>

AGENDA ITEMS

DISCUSSION/RECOMMENDATION

	<ul style="list-style-type: none"> - Patients may pass through; however it would depend on the village they are returning to. <p>NSHC is coordinating the travel permits with NSHC Patients.</p>
<p>Airlines</p>	<p>The Pilots that are coming to Nome two weeks on and two weeks off.</p> <ul style="list-style-type: none"> - Are we able to test these pilots prior to sending the pilot to the village. <ul style="list-style-type: none"> o It is a complex situation, especially if the pilot is not experiencing any symptoms. o Pathfinder should have screening procedures. <p>Bering Air is requiring pilots to quarantine for two weeks. Pathfinder is also quarantining pilots and limiting the contact with individuals. Glenn will reach out to the airlines will request they do everything they can clean the cargo.</p> <p>All Community leaders to encourage community leaders to attend meetings via teleconference.</p> <p>Encourage everyone on the plane to the villages, to wear a face mask. Rachel spoke with Pathfinder, Once the pilot comes in, they are essential quarantine. When they get out to the villages, no one is able to interact with the community. Recommend Pathfinder to have pilots here longer than two weeks and continue to the two weeks on, two weeks off.</p>
<p>Questions and Comments</p>	<ul style="list-style-type: none"> o Any of the hospitals in Anchorage, are they involved in antibody studies? <ul style="list-style-type: none"> ▪ Dr. Peterson doesn't think there is any. o Are patients that are coming to Nome and Bering Air is requiring mask, do patients have access to mask? <ul style="list-style-type: none"> ▪ Yes, and BSSD is helping make mask