

**COVID-19 Tribal Leadership Session Minutes
April 14, 2020**

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Kelly Bogart, NSHC	Cameron Piscoya, NSHC	Reba Lean, NSHC
Dr. Mark Peterson, Medical Director, NSHC	Kirsten Timbers, NSHC	Carol Charles, NSHC
Megan Alvanna-Stimpfle	Katie Hannon, NSHC	Charles Swanson, Koyuk
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Blanche Garnie, City of Teller	Glenn Steckmen, City of Nome	Tiffany Martinson, NEC
Rhonda Brunett, NSHC	Jason Harrel, NSHC	Lori Hughes, NEC
Donna James, Kawerak	Jolene Olson, Kawerak	Robert Tokieanna Jr, Wales
Preston Rookok, Native Village of Savoonga	Amy Hollis, NSHC	Nelson Mixsooke, BSNC
Traci McGarry, Kawerak	John Waghiyi, Savoonga	Marie Katcheak, Stebbins
Bobbly Bowlen, BSSD		

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Angie gave an introduction regarding the purpose, standing agenda, and frequency of the call. The daily call will be at 11 am Monday through Friday and will include NSHC administration and Medical Staff. The Standing Agenda includes:</p> <ol style="list-style-type: none"> 1) Prayer 2) Medical Staff Briefing 3) Quarantine 4) Comments and Questions <p>Note- Any questions may be sent to Reba Lean at rlean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer	Prayer was given
Medical Staff Briefing – Dr. Mark Peterson, Medical Director	<p>Dr. Mark Peterson gave the medical staff update:</p> <ul style="list-style-type: none"> - 285 cases in Alaska, 8 new cases within the last 24 hours, the day before that was 5 cases within 24 hours, 98 are listed as recovered, 9 deaths, during this whole case a total of 32 have been hospitalized(not all at once) - With the lower numbers we are hoping that it is the flattening of the cases - ANMC has 0 patients in the hospital, 4 patients who have COVID-19 that are in isolation, 6 have recovered - 0 cases in the Norton Sound Region - 51 test done, 16 test were done in house, 48 are negative, 3 are pending - We encourage everyone with symptoms to please get in and get tested. To do that call the Nurse Triage Line or call your village clinic or call the clinic in Nome directly and request to come in. - We had a phone call today where we meet with the state, and meet with ANMC, and we asked about their capacity because our capacity depends on their capacity. They have no patients in the hospital with COVID-19 and they are seeing lower numbers kind of across the board and we are kind of seeing the

	<p>same things at Norton Sound with lower volumes so what we think is happening is people are staying at home, their social distancing, their staying healthier, their laying low and we hope that continues.</p> <ul style="list-style-type: none"> - It looks like things are better and we are hoping the lower numbers are a reflection of people taking care of themselves. - We want people in Nome with symptoms to go in and in the village to call the clinic and to get tested. - We have not had anyone come into Nome in the last 24 hours to get tested.
<p>Quarantine</p>	<ul style="list-style-type: none"> ➤ Angie went over the following quarantine process: - NSHC is supporting patients who travel from Anchorage to Nome or back to their home villages for quarantine - When a patient is travel from Anchorage to Nome and/or back to their village Norton Sound staff will coordinate their travel permit details and submit on behalf of the patient. This is if Norton Sound is involved in their referral for their medical care. - If the patient is from Nome the patient will return home to quarantine for 14 days in their household. Norton Sound staff will work with the patient to make sure the household can support the 14 day quarantine. - For example: Questions will be asked on who is in the household, is there an elder or who may be immune compromised and we will put together a plan and provide alternate lodging if needed. - Norton Sound provides quarantine instructions and guidance and will call frequently to check on the patient. - If the patient’s home is in the village Norton Sound will also put together a plan that is supported by the community. - For example: We need to learn more about the travel restrictions. If the travel restriction requires a 14 day quarantine in Nome before returning the patient to their home village Norton Sound will coordinate housing. - Patient will receive education and will be followed up with daily to ensure that their needs are being meet. So we are making sure that patient snacks, 3 meals a day, and if there is other needs there Norton Sound is meeting those needs. - If the patient is allowed to quarantine in his or hers home village because the travel restriction allows that, the patient will return home but must quarantine in their village. - A majority of the patients that are traveling from Anchorage are actually overnight in Nome before returning back to the village. So this gives Norton Sound staff an opportunity to meet them at the Nome airport, provide a mask, and provide education, so when they return to their home village to quarantine they have all the information that is needed. - We will start to call the patient that returns home to their village daily to make sure they are following the quarantine rules. - If patients that return to the village are special works for example work at the clinic, post office, whatever essential need they work at, they should not return to work until their 14 day quarantine is complete. - Individuals who are quarantine should not go out into the public - It would be very helpful if the community supports the patient

	<ul style="list-style-type: none"> ○ Looking at the household: <ul style="list-style-type: none"> - If someone has traveled outside the region and is now joining the household, some villages and communities are requiring that the entire household quarantine. NSHC is aware of this and is asking questions and providing education and reminders to patients. - Norton Sound is providing support for non-travel patients as well who need to quarantine. Were not going to be aware who those people are since we are not referring medical care. So those people that need help and are not in our system for medical travel will need to contact Amy Hollis, our quarantine manager, and can be contacted at 907-434-0654. ○ Some examples how NSHC is supporting patients in quarantine: <ul style="list-style-type: none"> ▪ Meals (CAMP is going to help with meal planning) ▪ Housing will have snacks available ▪ Calling individuals to check up ▪ Housing has a TV and cable ▪ If someone has special needs NSHC is making sure to meet those needs for example a new mom ➤ Amy Hollis went over what her department is currently doing for the quarantine process and how they are staying in contact with the patient, making sure they are educated, and making sure their needs are being meet. ○ Concern was brought up about in a month we will have an influx of student’s coming back to the region.
<p>Questions and Comments</p>	<ul style="list-style-type: none"> ○ How is it going at the city level? <ul style="list-style-type: none"> ▪ Glenn stated that there are still gaps. Some people are not following the promise process. We do now have people at the airport and if they do not have a permit they will get them processed. They will be assigning City employees as public health officers and they will be checking on the people in the home, and also calling and checking to make sure they are following the quarantine process. They are working on it every day. ▪ What day are flights to Nome with Alaska Airlines and what is the quarantine process? ▪ Alaska Airlines is currently at 5 flights a week M-F but starting next week they will scale back to 3 days a week Monday, Wednesday, and Friday. ▪ If it is going to be a large number of people that Norton Sound will need to help and step in to help manage while they are out in the villages and if that is not possible Norton Sound will help with a 14 day quarantine in Nome. Please continue to use Amy Hollis contact number. We can help and support the students like we support our patients. ○ If we were to get a case in let’s say Savoonga where they have multiple members in a home can we utilize the school building if we need to isolate people in a village? <ul style="list-style-type: none"> ▪ Dr. Tim Lemaire is our community outreach command specialist and along with Kawerak and the villages they are identifying isolation

	<ul style="list-style-type: none"> building within their communities. ▪ If this does happen we do have a response team within NSHC that would go out to the village to help with this and will be taking it on a case by case basis. ▪ Should the need arise the schools can be used. ○ If patients are traveling from Anchorage and the travel does not make it to their village the same day and will they are required to quarantine in Nome for those 14 days? <ul style="list-style-type: none"> ▪ We have had people stay in Nome for one night and we have provided housing and we make them they are shuttled by the patient driver to protect them from other people if possible and then they are taking the patient driver to the airport. When they get home they will get their quarantine started. ▪ Norton Sound can help with overnight lodging. ○ How do they complete the COVID-19 test? Is it up the nose? <ul style="list-style-type: none"> ▪ It's a swab that goes into the nose and to the back of the nose. It is a little uncomfortable but it's nothing big. ○ How do we manage the washeteria in Teller? <ul style="list-style-type: none"> ▪ Follow CDC guidelines for cleaning and disinfecting ▪ Follow Social Distancing ▪ We will have the sanitation team follow up
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