

**COVID-19 Tribal Leadership Session Minutes
April 17, 2020**

Chase Gray, NSHC	Megan MacKiernan, NSHC	Angie Gorn, CEO, NSHC
Kelly Bogart, NSHC	Cameron Piscoya, NSHC	Reba Lean, NSHC
Kirsten Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
Dr. Terrence O'Malia, DO, NSHC, Assistant Medical Director	Katie Hannon, NSHC	Jessica Ivanoff, NSHC
Charles Swanson, Koyuk	Howard Weyiouanna, City of Shishmaref	Cora, City of Teller
Tiffany Martinson, NEC	Jolene Olson, Kawerak	Dolly Kuzgruk, Teller
Dan Harrelson, City of White Mountain	Dorothy Barr	Jason Harrel, NSHC
Lori Hughes, NEC	Native Village of Savoonga	Preston Rookok, Native Village of Savoonga
Lloyd Kiyutelluk	Robert Tokienna Jr.	Charlie Brown, Golovin
Donna James, Kawerak	Tony Haugen, Native Village of Unalakleet	Robert Keith, Native Village of Elim
Paul, Native Village of Elim	Liz Johnson, Village of Solomon	Barb Gray, Native Village of Council
Glenn Steckmen, City of Nome Manager	Joanne Keyes, Wales	Deanna Stang, Public Health
John Waghiyi, City of Savoonga	Roy Ashenfelter, Kawerak	Opik Ahkinga, Diomedea

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Angie gave an introduction regarding the purpose, standing agenda, and frequency of the call. The daily call will be at 11 am Monday through Friday and will include NSHC administration and Medical Staff. The Standing Agenda includes:</p> <ol style="list-style-type: none"> 1) Prayer 2) Medical Staff Briefing 3) Deanna Stang, Public Health 4) Comments and Questions <p>Note- Any questions may be sent to Reba Lean at rean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer	Prayer was given
Medical Staff Briefing – Dr. Terrence O'Malia, Assistant Medical Director	<p>Dr. Terrence O'Malia gave the medical staff update:</p> <ul style="list-style-type: none"> - 124 patients, 56 in house testing, 91 negative, 32 pending, 1 positive, 1 recovered patient in Norton Sound Region
Public Health – Deanna Stang	<p>Deanna Stang, Nurse with Public health, provided CDC definition for the following:</p> <ul style="list-style-type: none"> ▪ Discontinuing home isolation - Handled on a case by case basis - Test based strategy or non-test based strategy - Test based strategy: resolution of fever with no medication, improvement of respiratory, 2 negative test collected 24 hours apart - Non-test based strategy: patient needs to meet three criteria: 72 hours since they have a fever resolution without using medication, improvement of respiratory symptoms, at least 7 days past since their first symptom appeared - Public Health is able to clear the individuals based on these strategies ▪ Discontinuing quarantine for contacts who have been exposed to a confirmed COVID case ▪ Who is considered a close contact in recommendation for those individuals <ul style="list-style-type: none"> - Someone who lives in same household or caring or in direct contact

	<p>(sneezed on or kissing) within 6 feet and 10 minutes or longer. PH will be monitoring them daily and monitoring any symptoms</p> <ul style="list-style-type: none"> ▪ Recommendation for the general public <ul style="list-style-type: none"> - Stay home as much as possible, cleaning often, disinfect often - Isolation vs quarantine and who you work with: All patients in isolation work with public health, and all patients who are asked to quarantine work with the provider
<p>Question and Comments</p>	<ul style="list-style-type: none"> ○ What kind of restrictions do they have when they recover? <ul style="list-style-type: none"> ▪ After they recover they will follow the communities and what I went over. They will not be contagious but still need to follow regular guidelines. Once cleared from their isolation the state does not require follow up testing. ○ Is the positive case in Nome travel related? <ul style="list-style-type: none"> ▪ This is community spread case. ▪ Someone traveled into the community and brought the virus in. ○ When people are quarantining in the villages are they required to take temperatures? <ul style="list-style-type: none"> ▪ When they are on travel quarantine, they should isolate from others, take their temperature once or twice a day, and monitor their symptoms. If they develop symptoms they should call the nurse call line. ○ When someone is positive for in a household some people may not have room to self-isolate in their current location. <ul style="list-style-type: none"> ▪ If you are positive your provider will be asking you questions to see if going home to safely isolate. ▪ Rachel Lee is working with the villages to find a safe isolation spot for positive patients. Rachel cell is 907-434-0543. ○ Discussion was held on concern about the communities not knowing and people not taking this seriously, and communication between the public health and communities. ○ Asymptomatic example: <ul style="list-style-type: none"> ▪ Megan gave an example: if 100 people get the virus, 80 will have no symptoms or mild symptoms, 20 are going to need more care. 10 of those 20 may need hire level care, 10 may need to be on ventilator or in ICU. ▪ Asymptomatic testing is available at ANMC. ▪ NSHC is going to be expanding testing. ○ Suggestion to put sign's up around communities. ○ Request to put this on radio for those with disabilities and video time. <ul style="list-style-type: none"> ▪ Reba has requested to broadcast this on the radio and at this time it seems that we are unable to because the radio station has to follow their schedule. ▪ If you email Reba and provide the name Norton Sound would be willing to provide a phone and we can see if any department is providing services to help with this. ○ What is public health's responsibility on reporting to the public? <ul style="list-style-type: none"> ▪ Every single day Monday-Friday at 5pm there is a press release that Dr.

Zink and the governor provide. For the state we report 24 hours before. You are more than welcome to go to the coronavirus State website that you can find information for the communities. You can also sign up for text messages. As far as Nome's public health is unable to do any release and cannot confirm or deny and Dr. Zink is the only one that can release information.

- **Suggestion to broad cast the meeting in the villages on VHS.**
- **Discussion on community outreach.**
- **Angie went over the suggestions and recommendations made and what NSHC will do to help with everyone's concerns.**
- **Dr. Peterson went over what we were doing and what we are now doing for testing.**
- **If someone has covid-19 can they share that they have it?**
 - Yes the person is able to share the information that they want.
- **With mail coming in do we need to be cautious of the items coming in since they could hold the virus?**
 - If there is an outer layer that you can take off you can do that. If you are able to leave outside for 3 days we are highly confident that the virus will be gone. Also after you handle mail or anything else to wash your hands.
- **Suggestion was made for the communities without running water to get bigger containers to hold water with the NSEDC funds that are going to the villages for and getting them for every household.**
- **How timely are supplies coming in to the villages?**
 - We are having difficulty with some items, but we are coordinating with the state, local EOC, and ANTHC for materials
 - If there is a need, please let Reba know to help out for cloth masks.
- **Kawerak tribal affair put out a reminder that the tribal refund deadline is 8pm our time tonight so please make sure that your IRA and Native Corporation are both signed up. If there are communities that are having issues signing up to give Jolene a call at 907-443-4244.**
- **A project that Norton Sound and Kawerak are working on is designing education related to how to safely participate in subsistence activity.**
- **With testing now being available in our region and when we start getting low on the testing material, how hard will it be to get more supplies?**
 - There is always a possibility of running out but we have a good supply of testing material right now.
 - The ID Now test we are running in Nome now we are getting small supplies at the time but we are sending request in.
- **Given that it is community spread in Nome; do you have any testing strategies?**
 - Have been talking to ANMC for the last couple of days, and we have broader testing this week and there are strategies for testing all over the US and we are going to use what will work for us. Drive through testing is a strategy and we have added that now. We are looking at

different things so we can get the people tested and we will be testing more.

- **Are elders, children and underlying conditions top priorities?**
 - Children and younger people are not at high risk, elders are.
 - People who spread virus around are those on the go and on the move.
 - Anyone with any symptoms should call and get tested.
- **People that are wanting to come home should they be tested first?**
 - Epidemiology recommended that the 14 day quarantine is the best strategy. Unfortunately 14 days of quarantine and testing is not a better solution. There is no better way than the 14 days quarantine for Epidemiology.
- **Dr. Peterson asked those in the villages if people that have symptoms are getting tested and if you are hearing anything like if someone has symptoms and is scared to get testing?**
 - Discussion was held about the concerns and a possible solution to get the clinic open for maybe an hour where the health aides and everyone is geared up to do JUST testing for COVID-19.
- **Do we have translators in all the clinics?**
 - We do have translation available maybe by phone. We do have connections.
- **Someone calls nurse call line, walks away from that appointment and would have to one or more symptoms?**
 - Protocols are changing rapidly.
 - We want to test as many people as possible that may have a symptom that is related to COVID-19. If you have a symptom just one to go in and get tested. Does not need a fever to be tested.
 - For the people that called the nurse call line and only let's say had a cough and was not tested, if you are still having any symptoms to call again so you can get tested.
- **Is Nome keeping track of patients that go home to their village and having to quarantine?**
 - The City of Nome is keeping track of the permits. They can send the information if they have the communities contact information.
 - Amy Hollis was going to discuss this but she is working with the patients and leaders of each community. Will ask for her to be back on the phone on Monday to go over her information.