

**COVID-19 Tribal Leadership Session Minutes  
April 30, 2020**

Angie Gorn, CEO, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Carol Charles, NSHC
Kristen Timbers, NSHC	Cameron Piscoya, NSHC	Megan Alvanna-Stimpfle
Joanne Keyes, Wales	Joleen Oleson, Kawerak	Cora, City of Teller
Rhonda B., NSHC	Dorothy Barr, Native Village of White Mountain	Glenn Stechmen, City of Nome
Jason Harrell, NSHC	Toby, Golovin	Liz Johnson, Village of Solomon
Tiffany Martinson, NEC	Tony H., NV of UNK	Traci McGarry, Kawerak
Carol Piscoya, Kawerak	Deanna Stang, State of Alaska Public Health	Howard Weyiouanna, City of Shishmearf

\*Over 40 people attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Angie gave an introduction regarding the purpose, standing agenda, and frequency of the call. The daily call will be at 11 am Monday through Friday and will include NSHC administration and Medical Staff. The Standing Agenda includes:</p> <ol style="list-style-type: none"> <li>1) Prayer</li> <li>2) Medical Staff Briefing</li> <li>3) Comments and Questions</li> </ol> <p>Note- Any questions may be sent to Reba Lean at <a href="mailto:rean@nshcorp.org">rean@nshcorp.org</a> anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer	Prayer was given
Medical Staff Briefing – Dr. Peterson, Medical Director	<p><b>Dr. Peterson gave updates on the following:</b></p> <ul style="list-style-type: none"> <li>- State: in the last 24 hours there were 0 cases, total 355 cases in Alaska, 252 of those recovered, 9 deaths, 106 active cases in the state</li> <li>- ANMC: 0 inpatient, 12 outpatient</li> <li>- Norton Sound Region: If you look at our situation report, it shows that we have tested 515 patients, only the 1 positive from beginning of the month, 1 recovered, 388 negative</li> <li>- We do have our tent up but having a little problem with Wi-Fi and computers to be functioning correctly</li> <li>- If you want to get tested today we will ask you to go to Primary Care</li> <li>- Will give update tomorrow about Wi-Fi and computers and if they are ready</li> <li>- Anyone and everyone welcome to come down and get tested at the clinic</li> <li>- <b>Education reminder:</b> Seen some emails about misinformation that is out there</li> <li>- Think the people on this call on that call in regular are knowledgeable about testing</li> <li>- Testing is one point in time, if you come and get tested, and have a negative test,</li> </ul>

	<p>it does not change anything, social distancing, mask, and all the things we are doing need to continue</p> <ul style="list-style-type: none"> <li>- The testing just give you an ideal at that point in time whether you have the virus or not, a person can catch the virus one day later, 3 days later, or 5t days later</li> <li>- Need to continue wearing mask, doing social distancing, if a person is also in quarantine they need to stay in quarantine because a negative test does not change anything</li> <li>- This group is very knowledgeable and know that testing does not change your responsible to stay safe and to continue to quarantine</li> <li>- Norton Sound is coming up with a strategy for May and into June and we will present next week</li> <li>- It's a strategy on how Norton Sound will be opening up and how we will work with the village clinic's on opening up and how involve testing strategies</li> </ul>
<p>Survey – Megan MacKiernan</p>	<p><b>New Survey:</b></p> <ul style="list-style-type: none"> <li>- Based on the feedback from this call we did roll out a survey about the testing experience</li> <li>- This for the both who got tested in the village and in Nome and we are looking at feedback</li> <li>- Responding to this survey will enter folks for the drawing that Angie talked about yesterday</li> <li>- The way to do this survey we want to do it in a very social distance, no contact, easy, manner</li> <li>- To enter it there's a phone number and text a key word to the phone number</li> <li>- We did release the number and key word on the daily update today</li> <li>- The phone number is 833-321-0166 and you're going to text the key word COVID to that number and it will respond back with a quick survey</li> <li>- The survey is about 9 questions, it will ask your name, what did you think about testing? would you recommend testing to your friends and family?, Is it okay to contact you back for your testing responses?, It will ask for your village so we can enter you in the drawing because we are going to split the villages and Nome up so everybody has a better chance of winning</li> <li>- If you want to respond to that survey, if you have been tested, and can give us some feedback, we would really appreciate people doing that</li> <li>- Already this morning just since Reba sent out the daily update, less than an hour ago, we have had 11 people take the survey</li> <li>- We will have sign's and posters anywhere where there is testing</li> <li>- After people get tested they can take the survey and enter into the drawing</li> <li>- There are daily rates that apply</li> <li>- We are only going to use your number to contact you after the survey and nothing else</li> <li>- We will protect your privacy and as always our privacy policy can be found on the <a href="http://nortonsoundhealth.org">nortonsoundhealth.org</a></li> <li>- We want everyone who has tested to be able to enter to win the prizes</li> <li>- We know that not everyone has cell phone and texting ability so there will be paper copy of the survey available and we will be sending those out to all the villages and at the tent as well</li> </ul>

	<ul style="list-style-type: none"> <li>- Reminder it is a text survey, not a call number, if you are unable to text you can get a paper survey from one of the testing location</li> </ul>
<p>Question and Comments</p>	<ul style="list-style-type: none"> <li>o <b>Is it available to test the water in the village water for viruses and bacteria?</b> <ul style="list-style-type: none"> <li>▪ Chlorine that is used in treating water is certainly sufficient to kill any virus that might exist in drinking water. Testing waste water is an interesting ideal because we do know and research has shown that virus can live quite long in place but we do not have any report that anyone has contracted the virus from waste.</li> <li>▪ MAS: Rachel Lee did help create a flyer that was sent to our water operators on protecting themselves and reminding that there is no threat to the water supply. I will share to that on Friday at 10am our sanitation team will be hosting weekly call with our operators to create a direct line of communication and make sure they have parts to keep water supply running so well keep working. Emma Pate is helping facilitate that call and said that there are 18 plus operators that will be on the call.</li> <li>▪ CDC has not found that COVID-19 is detective in drinking water if the water has been treated. So if the water has been filtered or treated it should remove or kill the virus that causes COVID-19 and there are other recommendations on the CDC website. Is COVID-19 found in pools or untreated water or in drinking water? There is no evidence to date that the virus has caused COVID-19 in any untreated waste water at this time.</li> <li>▪ Emma Pates office number is 907-443-3308.</li> <li>▪ MAS: Sean Lee updated our sanitation team. He’s working and the team is working on a protect for collecting bleach and chlorine there available for operators to work with residents for storing water and treated at some extent. I think that will be something that Sean will talk about with our operators Friday morning.</li> </ul> </li> <li>o <b>From the time of contact with the person who has COVID-19 when will you start showing symptoms?</b> <ul style="list-style-type: none"> <li>▪ Most people develop symptoms of COVID-19 about 5 days in. That is the average but some can be sooner or after. It is unusual to get symptoms after 14 days. Some people don’t develop any symptoms. They come into contact, they really don’t develop symptoms, they fight off the infection and it gets out of their symptoms within 14 days. When will a test show up positive? Again our assumption is that when the person is symptomatic they should have a lot of virus and be positive. Let’s say you know the day you came in contact with a person that is infected and you want to pick the best day to test. It is probably 5-7 days after you came into contact. It’s about 5 days that symptoms happen, but can be a little longer, or a little shorter. That’s why testing is tricky. You can have the virus but not enough viruses for it to show up positive. Some testing strategies for people that don’t have symptoms are to test a couple of time. We talk about quarantine being the best strategy, someone comes from the lower 48 and quarantine for 14 days and does not develop symptoms we feel really good about that. There is a strategy of testing and shorter quarantine. For example</li> </ul> </li> </ul>

someone comes from the lower 48 and do 7 day of quarantine. Test them on day 0 and then test them on day 7. If they test negative for both of those test, they have been in quarantine for 7 days, and the majority of people present symptoms and virus within about 5 days. That's a pretty good strategy as well, 7 days of quarantine with a couple of test. It's not as good of quarantine as the 14 days but kind of another strategy.

- **Concern was brought up about antibodies and people testing negative and them getting the virus in the fall.**
  - We have to continue to be watchful for a year in mind. I don't think the virus has been in any of our villages. That mean that people will not have antibodies and if the virus comes later they can be infected. We are looking at the long term planning and we will have long term testing strategies and Villages and the City need to look long term on traveling. Any opening we do will be slow and smart.
- **Can parents fill out the survey for children that have been tested?**
  - Yes.
- **Dr. Peterson made a comment about general information that is traveling around the state and the nation, some miss information about the Abbott ID Now test kits. There's some misinformation that they are not accurate, there not good. They are very accurate and we have had our ID Now results double checked by the state lab and everything has been accurate. The accuracy has a little more to do with how it's set up and the users and are you doing collateral control and are you using it appropriately. Our lab staff is very good with that and we have had our results double checked by the state lab. We are very confident that the Abbott ID Now testing is very accurate and should be very accurate across the board. If you hear the information out there, there are factors for other users that might make their test results not as accurate. We are not having any issues here and I don't think anywhere else in the state is having issue with that at all. We have talked about this in the state group quite a bit.**
- **Has testing in the villages been a success and is there any issues that people can help out?**
  - Next week we will have a good assessment of the numbers in all the villages and we can give you all an update on that. Understanding is that it is all going very well and that we have not had any glitches or problems. We can certainly do that and can give you an update on tomorrows call and next week.
- **We do not want people to get to relaxed with the state opening back up so do wear your mask and continue do social distancing and if you are seeing groups of younger people sometimes they gather together please remind them to keep their distance. We really want to remain doing that through the summer and into the fall and see where we are at.**
- **Once you get a blood drawn can you call the clinic or does it have to come from your provider?**
  - If you are in the village clinic, and you have blood drawn for some testing, and it is sent to Nome and put into Cerner. There are a couple

	<p>of options. One is you can actually get access to your own results on a computer. If you have access to access to a computer you can get registered to go into your own chart and get your own results. If you don't have access or choose to not get access to your own labs you would be getting a phone call or a letter from your provider about the results. If you are not heard the results and it's been a week or two you certainly have the right to call the clinic in Nome and express your concern about not getting the results and get a call back with your results.</p> <ul style="list-style-type: none"> <li>○ <b>TENT is now open for testing through 2pm and the kinks are worked out. The easiest thing is to come to the hospital, park your vehicle, and walk to the tent. Will let you know tomorrow when drive through is available.</b></li> <li>○ <b>At 1 pm today Unalakleet is having tribal meeting to review their travel restricts and ban and if anything develops or changes they will make sure Reba gets that information.</b></li> </ul>
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