

**COVID-19 Tribal Leadership Session Minutes
May 20, 2020**

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| Angie Gorn, CEO, NSHC | Reba Lean, NSHC | Mark Peterson, MD, Medical Director, NSHC |
| Kelly Bogart, NSHC | Megan MacKiernan, NSHC | Cameron Piscoya, NSHC |
| Kristen Timbers, NSHC | Carol Charles, NSHC | Megan Alvanna-Stimpfle |
| Amy Hollis, NSHC | Jason Harrell, NSHC | Katie Hannon, CAMP |
| Rhonda Burnett, NSHC | Charles Swanson, Native Village of Koyuk | Opik Ahkinga, City of Diomede |
| Preston Rookok, Native Village of Savoonga | Native Village of Savoonga | Bertha Koweluk, BSWG |
| Glenn Steckman, City of Nome | Howard Weyiouanna, City of Shishmaref | Charlene Saclamana, Kawerak |
| Blanche Garnie-Okboak, City of Teller | | |
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*Over 40 people attended today's meeting.

| AGENDA ITEMS | DISCUSSION/RECOMMENDATION |
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| Introduction to Meeting – Angie Gorn, NSHC CEO | <p>Angie gave an introduction regarding the purpose, standing agenda, and frequency of the call. The daily call will be at 11 am Monday through Friday and will include NSHC administration and Medical Staff. The Standing Agenda includes:</p> <ol style="list-style-type: none"> 1) Prayer 2) Medical Staff Briefing 3) Updates 4) Comments and Questions <p>Note- Any questions may be sent to Reba Lean at rlean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p> |
| Prayer | Prayer was given |
| Medical Staff Briefing – Dr. Mark Peterson, NSHC Medical Director | <p>Dr. Peterson gave medical staff update on the following:</p> <ul style="list-style-type: none"> - Alaska: 0 cases in the last 24 hours, 399 cases total, 348 recovered, 10 deaths, 41 active cases in the state - ANMC: 1 inpatient, 1 person suspected with COVID, 18 outpatient - NSHC: 1,492 people tested, 1,903 test completed, 1,735 return negative, 1 positive, 1 recovered, 167 pending most at ANMC, 0 active - There was one positive case in Kotzebue at the Kotzebue airport, sounds like they are handling that situation well and we hope all goes well for them on that - We have had the advantage in Nome that the City has had a 14 day quarantine, it has helped us - We are feeling like we should be doing testing at the airport as a good thing that we can do when people come in to town - The City approved an option for quarantine: if people that have been in Alaska(intrastate) can do a 14 day quarantine, or they can test the day they get here, quarantine for 7 days, and test again at 8 days and if both tests are negative and feeling well they are free to do what they want to do - NSHC needs to be at the airport to get testing - Testing is complicated to get going and requires staff and a place to do it - We are setting up a tent now at the airport and also have a van that we are going to have as mobile unit and will be able to park there to do testing - We are getting this going this week and is going take coordination - We have to time when the jet takes off, make sure we have staff out there, make |

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| | <p>sure we have staff for it, and we are working hard on that, and will get that going as quickly as we can this week</p> <ul style="list-style-type: none"> - The airport testing is voluntary and cannot make it mandatory - We are certainly going to look at who is coming to Nome and going out to the villages and really work hard to get those people to test because that is important before they get to the villages - If someone that has been in the state chooses to do the 7 day quarantine with the two tests, they will have a test done at the airport and on day 8 have it done at the testing tent in front of the hospital - It will take more coordination with the City and Norton Sound to get this set up - Was asked yesterday to produce an email to send to all village leadership about what Norton Sound could support if villages are looking at doing less than 14 days of quarantine in their village, if they are looking at doing something like what the City of Nome is offering and will get that summarized and sent out - Does not think that there is anything better than a 14 day quarantine for people coming in from out of the region but if communities are looking to switch to the 7 day quarantine with testing he will give the ins and outs and send to the leadership |
| <p>Updates</p> | <p>City Update:</p> <ul style="list-style-type: none"> - We no longer require permit for travel from the villages into Nome and vice versa - The village communities will enforce their own travel guidelines for anybody coming from their community or returning to their community - The city will not be requiring as of today, May 20, 2020, a travel permit out of Nome to Anchorage or to wherever their final destination - Concentration now on visitors coming into Nome through Anchorage on obviously whether it is intrastate through Anchorage into Nome or interstate from travel outside of Alaska and traveling in through Anchorage into Nome - We are also now not calling it a permit and we are redesigning our form which will be available for anybody traveling from Anchorage into Nome and will take us a day or two and will have more information and is clear to those of the expectation to those coming back to Nome from wherever they have been - If anybody has any questions feel free to contact Glen at 907-304-1907 and can talk about it <p>Teller update:</p> <ul style="list-style-type: none"> - Meet yesterday - Any travel from out of region where there are known active cases is a 14 day quarantine - Travel within region, as long as there are no known active cases, there is no quarantine |
| <p>Survey</p> | <p>Megan announced winner:</p> <ul style="list-style-type: none"> - Winner of today's survey is Tisha Kingeekuk of Savoonga |
| <p>Question and Comments</p> | <ul style="list-style-type: none"> o When folks get off the plane in Nome they'' have a form that they've filled out and then will the City of Nome still have anyone at the airport looking for forms or will that be something that all goes to NSHC to track? <ul style="list-style-type: none"> ▪ Glen: Right now we will be working with NSHC and have someone out |

there just taking forms and obviously NSHC will have people in the tent.

- **Is Nome still going to require testing of essential workers or anything like that?**
 - Glen: Yes. Issued an emergency order 20-25 which leaves in place the travel form to go into the City of Nome for travel coming from Anchorage or outside of the state, putting in place the quarantine requirements or request. We are anticipating or hoping that people will voluntarily comply with this. If you are coming into the City of Nome, our city facilities are still closed. We are in the process of putting up and getting the material to protect our employees at our facilities and do not anticipate for our facilities to open until early to mid-June. The only facility of the city that is open from 9am-12 pm for counter service is the City Hall. People can still come in and get a form because the lobby will be open from 9am – 12pm, and 1pm – 5pm.
- **If someone knows of someone that is not going to quarantine when they come to Nome who would we contact?**
 - Glen: If you have concerns about that would encourage you to contact 911 and we will ask an officer to visit with the family and encourage them because people have signed forms that they were going to comply with this. We are trying to do this in a gentle manner.
- **On the forms for patients coming in, what is the process for a village person to come into Nome? Do they still fill out the form?**
 - Glen: Anyone from the villages is welcome to come to Nome with no forms or testing. When you return to the village you need to check what their restrictions may be. We are all working together for this and know that some of the village leaderships have put in some restrictions when people travel from their village to Nome and back so please check with your village leadership.
- **Now that we are shifting more into a testing mood, and desire to get peoples mind set change in this change of travel, can we work on a native language to make sure the new process to encourage testing is done?**
 - Angie: Yes thank you. Reba is listening and we have talked about a positive campaign to encourage testing in the region and are something we need to be moving forward. Will leave that up to Reba and her team to make sure we have the right message out there. That will be forth coming. Thank you.
- **In one of the documents that expired on Friday May 15th there was reference to travelers staying in Nome to take a license taxi or bus service for their transportation once they arrive in Nome. Is that still a requirement that will still be in place?**
 - Glen: No. That is not requiring for the people coming in from the villages. For the people coming from outside the region it will be a part of their travel form to explain what they intend to do once they come into Nome for the 14 day quarantine or the 7 day quarantine for which ever one they qualify for. Will tell you that in general our taxi cab services are carrying far less passengers and are trying to limit their

cabs to no more than 3 or 4 passengers and they are wiping down the surfaces to protect not only their customers but also the cabbies are wearing face masks at this time.

- **What is the quarantine recommendation for family coming up for summer visits?**
 - Glen: This is the interesting issue that has been being raised on a regular basis now. This is a challenge with family members coming in and I just want to process that. If everybody, if your bringing in your daughter, and grandson and all that, and are going to your camp and you are all going to be staying out there for 14 days together than it's not as much as social distancing because people are going to want to hug each other and everything else. You can all technically quarantine together. If they are coming out and bringing her out, first thing I recommend is that they sit in the back seat. You wear a face mask and don't want to interact and they take a quick test at the airport and come back 7 days later and maintain the quarantine from everybody else. Think you need to look at what your family wants to do, if they are going to be staying away from everybody for 14 days, I do not see any problem and that is the way we approached it. That everybody can inner mingle and stay in what everybody is now calling "their bubble". Would like Dr. Peterson to state his recommendation.
 - Dr. P: Certainly agree that if you have family coming who need to quarantine, you're going to be out at camp, you're going to be together, you can all quarantine together out there if you so choose. If you are going to be together, and be around each other, you can certainly quarantine together. That's 14 day if that's what you choice. If in Alaska and you chose the 7 day quarantine with the testing, testing non day 1 and testing on day 7, I agree with that.
 - Glen: The city would certainly follow those recommendations.
- **Would it be advisable that all of us that are going camping together, get testing together, and then in 7 days come back and get tested again? Would that help at all?**
 - Mr. P: The very best CDC recommended option for quarantine is to do 14 days of quarantine. If you are going out to camp for a couple of weeks you can certainly go out and be together, just your family, doing your thing, staying away from others, not coming back home, not going to the gas station or store. You're out there for 14 days, you're monitoring your symptoms because it is very important to monitor your symptoms and are the reason people go into quarantine. You're in quarantine what for symptoms and get tested if any symptoms emerge. It's about watching for symptoms. You can all do 14 days of quarantine. If you wanted to reduce the 14 day quarantine and everybody has travel just within the state and has not been out of the state then the other option is a 7 day quarantine with testing on day 1 and day 7 and it's everybody that is going to be out at camp, and sharing, and not social distancing then what you would need to do is all come in and get tested on day one, go to camp quarantine together for 7

days and then all come back and get tested on day 7. Nobody goes into a building or anything until you have results. Those would be the two options for that.

- **Would having a Thermometer help with monitoring symptoms?**
 - Dr. P: Absolutely. Taking temperature during quarantine is really something that everybody should be doing. You should be checking your temperature once or twice a day during your quarantine and if you develop a fever of 100 degrees or higher you would want to get in contact with us and let us know. We probably want to test you if you develop a low grade fever so yes.
- **Would like to know the status of the 5000 thermometers that NSHC should be receiving.**
 - Megan: Those should be arriving any day now and we did place an order for 5,000 and did place another order of 5,000. Did not receive word yet and do know shipping is slow now. We were anticipating for them at the beginning of this week and will let everyone know once we have those and we will be portioning them throughout the region.
- **If we take our temperature for two weeks and our temperature fluctuates but is still below 100 should we go in?**
 - We would want to know if your temperature gets over 100. If may be nothing but call us. Keep it simple everybody can remember 100. If your temp is over 100 call the clinic or hospital and let us know. Also because we have testing available we will probably say get tested. It will fluctuate between 98-99 but needs to get above 100 for us to be concerned.
- **Discussion was held about fishery meeting with NSEDC, and NSHC which may be next Wednesday during this meeting.**
- **Kawerak will also be hosting a food security teleconference on Wednesday with the region at 1pm and subsistence hunting and fishing will also be a topic.**
- **Would like NSHC to fax the City of Teller MLA’s between other villages and isolation facility. They had their meeting yesterday and are reaching out to the churches so they can have two facilities. One for men and one for women.**
 - Angie: NSHC has a template so it’s real easy to fill in some of the detail. We can surely fax that template which has all the information in it.