

**COVID-19 Tribal Leadership Session Minutes
June 15, 2020**

Angie Gorn, CEO, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
Amy Hollis, NSHC		

*Over 40 participants attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Today's Reminder:</p> <ul style="list-style-type: none"> - Please keep phone muted unless speaking or asking a question - <ol style="list-style-type: none"> 1) Blessing 2) Medical Staff Briefing 3) Changes with Governors mandate for travel 4) Comments and Questions <p>Note- Any questions may be sent to Reba Lean at rlean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer	Prayer was given
Updates	<p>Angie gave the following update from over the weekend:</p> <ul style="list-style-type: none"> - We had a couple of first over the weekend - We did not have a call on Friday - The State of Alaska observed the highest number of cases on Friday of 29 - For our region NSHC shared on Saturday through a press release that we confirmed the 5th case of COVID-19 and we announced through the press release that case is a resident of one of our villages in the region - That's the first time that we are seeing a positive in a village resident - The patient was contacted immediately and that contact tracing through the State of Alaska and the whole process for tracing close contacts was started immediately - We reached out to the community leadership, even though we did not identify the village we did reach out to the community leaders timely and Norton Sound also sent a response team to offer testing for the village and close contacts and that will continue <p>Megan gave an update for village percentage of testing:</p> <ul style="list-style-type: none"> - To clarify before I start this is unique individuals tested - Each person is only counted once - This is compared to village population that we have listed on our website for village information <ul style="list-style-type: none"> • Brevig: 18.4% • Elim: 19.8%

	<ul style="list-style-type: none"> • Gambell: 14.7% • Golovin: 26.9% • Koyuk: 17.8% • Little Diomed: 22.7% • Nome: 39.9% • Saint Michael: 22% • Savoonga: 17% • Shaktoolik: 12.8% • Shishmaref: 15.6% • Stebbins: 12.4% • Teller: 27.4% • Unalakleet: 17.6% • Wales: 25.8% • White Mountain: 28.1% <p>- This gives us an overall 26% testing done in our region which is outstanding and well above any other region in Alaska</p>
<p>Medical Staff Briefing – Dr. Mark Peterson, NSHC Medical Director</p>	<p>Dr. Peterson gave medical staff update on the following:</p> <ul style="list-style-type: none"> • Alaska: Saturday there were 29 new resident cases, Sunday were 9 new cases, Saturday non-resident cases were 4 or 5 and Sunday was 3; We are looking more at 35 cases on Saturday and 12 or so on Sunday • We kind of continue to have good number of cases • Total’s now are 661 in the state, recovered is 411, 238 active cases, 12 deaths, 52 cumulative hospitalizations • Our active cases are really actively moving up • We are still one of the best three states as far as numbers • We’ve seen more of an uptick with the opening of our state then the other low risk states have seen • ANMC: 0 inpatients, 46 outpatient total cumulative, 10 are employees • NSHC: 6,659 test completed, 2,814 unique patients tested, 5,296 returned negative, 5 returned positive, 1, 358 pending, 3 recovered cases, 2 active cases • Some of these folks are going to be people coming in the airport off the jet and not residents of Nome but coming into Nome; it’s unique patients but a mass majority are residence <p>New case as of Friday:</p> <ul style="list-style-type: none"> - We have one new case on Friday; It was a village related case, village leaders were notified, patient is in isolation, all contacts have been notified - If your village leadership was not notified and you were not called directly, you are not a contact, even if you were from that specific village and were not talked to by public health over the weekend you are not a contact - If you are concerned that you might be and that you think you were missed you can talk to your local clinic and call them - We sent a village response team to this village Saturday and tested 25% of the village already, not all of the results are back but of the results that are back all have been negative, and we now have a team there for the whole week with an

	<p>analyzer and we will do rapid testing everyday there and can only do about 25-30 rapid test a day</p> <ul style="list-style-type: none"> - If more test are needed the people that are lower risk will get the swab to be sent to ANMC and those results are coming back more quickly
<p>Question and Comments</p>	<ul style="list-style-type: none"> ○ I heard there was some kind of malfunction in entering results to the patient portal is that true? <ul style="list-style-type: none"> ▪ Dr. P: Nope and can get you the results of your test. ○ Wondering if any hunters or fisherman might not be aware that they are a contact for this new positive case? <ul style="list-style-type: none"> ▪ Dr. P: Anyone who is considered a close contact is on a list to be contacted by public health. My understanding is that they have all been contacted. I don't think there's a risk of anyone who has been out hunting. ○ I have been trying to look at the city mandates and it only states for travel. Are we still wearing masks, and social distancing? <ul style="list-style-type: none"> ▪ Dr. P: We are still doing all those things. Still masks and 6 feet everywhere. ▪ MM: I can give an update for the state. Dr. Zink and the governor did both come on in the last 24 hours issuing reminders that masks are highly recommended for anyone and the CDC came up this morning updating their recommendations to wearing a mask anytime you leave your home. Previously it was recommended that you were your mask if you think you will be within 6 feet of someone but the current CDC guidance is to wear your mask when you leave your home. We encourage it but it is not mandatory. ▪ GS: We are still highly recommending the use of the masks defiantly when you are entering public places and when you are in a group of individual especially those outside of your bubble, people you interact with on a daily basic. To enter city hall you are actually required and at our meetings we have face masks for anyone that wants to join the meeting even though we are social distancing within our space. The city is taking it very seriously that the second wave is here and that we are encouraging proper sanitation, washing of hands, not touching your face, and using a face mask when interacting with other people as much as possible. ○ OA: Diomedede had a boat from another island at 3am over the weekend and Diomedede prohibits against other people not from Diomedede do not dock at Diomedede. Changes are happening in Diomedede due to this and concern of COVID entering the village. ○ Discussion was held about travel restrictions in villages and how to get all the villages the documents. ○ I go for walks every day and do not approach anybody, and am a smoker, and was wondering why there is a change in attitude about wearing a mask as soon as you walk out of your house? Is that for city places where there are lots of people? Is there some reason why we need this here? <ul style="list-style-type: none"> ▪ MM: I think the reason why this guideline is coming through is because a lot of people were stepping out of their homes to go for walks and

tending on not interact with people but then somebody walks up to them or ended up having a conversation with someone they didn't plan on having before. Just to help people get in the habit of putting that mask on when you go out the door. If you do happen have a conversation you have that mask and layer of protection specifically those who are exercising. They do know how far the respiratory droplets can spread when you're breathing hard and exercising and can be an increase risk. I think that is where it is really coming from.

- **Recommendation was request that we can raise awareness of this virus because it is summer time and people are starting not to care.**
- **MAS: If there are people that are testing in Teller, would people be able to get tested in Teller?**
 - Dr. P: As far as locations for testing, if someone wants a rapid test can now get that in Teller, Savoonga, Nome, and Unalakleet. We can only do about 30 a day on the rapid test. Any of the villages can get an ANMC test done and may take a couple of days to get the results back but they certainly can get it done. Gambell is next on the list.
- **How can Diomede get one of those?**
 - Dr. P: I will share this with the whole group. We have a new testing strategy and will be expanding our testing plan. There was some funding available for that. What we are working hard on right now is out lab in Nome to get a big rebust piece of equipment similar to what ANMC has. All the rapid analyzers we have we would bring out to the villages. We have 6 or 7 in Nome that we run all of our testing on and have 4 additional, one in Teller, one in Unalakleet, one going to Savoonga, and one going to Gambell. The fastest way that we can get analyzers to all the villages is to get a new bigger analyzer in Nome where we can run the entire test in our region in Nome. With the 7 analyzer that would bring us to 11 and we would just need to purchase 4 more. The next step is to get a big analyzer which those are not easy to come by and we are on the search now and ANMC is looking for additional M2000 Abbott units and it's a matter of getting the manufacture on getting it to us which could take a couple of months. If Diomede had an outbreak we would fly out an analyzer and our village response team to do testing to reassure you there.
- **Who gets the results for the village testing percentage?**
 - MM: It's testing based on the patients declared home region. So that could be Diomedes's who were testing in Nome or Diomedes's who were tested in Diomede and sent out.
- **Are they recent test or are you adding to a list of other test?**
 - Dr. P: Total cumulative.
 - MM: It is only counting the person one time.
- **Concern was brought up about Diomede and their testing availability.**
- **If a boat has an emergency and has no choose but to stop at a village, is there a place they can stay?**
 - OA: In the past it used to be easy. Diomede hasn't seen that issue in the past. There were boats that got stranded in Diomede at different times

and they would just stay at their friend’s house. During COVID times it’s a totally different matter. I know families are scared and don’t want to be exposed to the virus.

- **Hand washing basins should be getting shipped out from the manufacture today and we should receive them shortly to send out to the villages without running water.**
- **Concern was brought up about Teller having community members that are in quarantine being in public places like the washeteria. Suggests were made about setting up specific time and NSHC employees to clean.**
- **Is there enough rapid test to keep in Teller to do weekly test for essential workers?**
 - Dr. P: Their really should be. General testing in Teller for example, the clinic staff is going to get checked weekly which not a huge number of people is. There is someone in Teller that will be running the rapid tests and she should be able to complete at least 15 day because she needs to also perform her other duties. She should be able to test the clinic staff, grocery workers, first responders weekly easier. The answer is you should be able to do that. If there are times where there are a ton of testing going on they may have to wait a day or two before they get their test, but if they don’t have symptoms it should be okay if they are not having symptoms and just needing a standard screening test they should be okay to wait a day or two.
- **Are the cards available in the villages for people that states they have gotten tested?**
 - RL: Yes the clinics have received them and an email was sent out but will send out another reminder.
- **If someone in Nome test negative on the first test and positive on the second will we people in Nome know about it and if they are not a resident of Nome?**
 - Dr. P: You will know. Any positive test that happens in our region, everyone will know about it through our media report. Any positive case regardless of what state they live in, what country they live in, what region, what village, it will be reported. If they are not a state resident on the state website it will not be included in their total for the day. That is the only place it will not show up. But for our region it will show up and you will hear about it.
- **Were the guidelines ever finished for patients traveling?**
 - RL: Yes we sent out a collection of documents for every community travel specialist to print out for each traveling patients so they have a packet of information to bring with them. It includes information on travel restrictions, quarantine information, basic tips for avoiding COVID-19, information on difference between quarantine, isolation, and social distancing, a mask, and some instructions on how to wear and care for a mask. That was sent to all clinic travel specialist within NSHC and should be given to every traveling patient.