

**COVID-19 Tribal Leadership Session Minutes  
June 25, 2020**

Angie Gorn, CEO, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
Jason Harrel, NSHC		

\*Over 40 participants attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p><b>Today's Reminder:</b></p> <ul style="list-style-type: none"> <li>- Please keep phone muted unless speaking or asking a question</li> </ul> <p><b>Today's call:</b></p> <ul style="list-style-type: none"> <li>- Thank you for allowing us to take breaks on Friday's</li> <li>- We are going to go ahead and not have a call tomorrow Friday June 26<sup>th</sup></li> <li>- Today we are going to focus on subsistence fishing and reminders and safety education</li> <li>- After the blessing and after Dr. Peterson's medical update we will go over some of the guidelines that we put together</li> <li>- We had a preliminary call with Roy Ashenfelter to really think through subsistence fishing and what really happens and what we all need to be careful about and will share those</li> </ul> <p>Note- Any questions may be sent to Reba Lean at <a href="mailto:rlean@nshcorp.org">rlean@nshcorp.org</a> anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Subsistence Fishing	<p><b>Angie gave the following information for today's discussion:</b></p> <ul style="list-style-type: none"> <li>- Today we wanted to focus on subsistence fishing</li> <li>- Dr. Peterson, myself, Reba Lean our Public Relations Director, and Roy Ashenfelter from Kawerak, meet two days ago just to talk through what fishing for reds look like and when large group of people get together on the river and sein for fish</li> <li>- We know that people are in close contact with each other</li> <li>- When you think about the process you have multiple people in a boat, it's great if it's your household members</li> <li>- You're going down a river in a boat with possibly with people you don't live with</li> <li>- When you get down the river, from my experience, there are sometime cutting boards that are already down there and you have people using the same cutting board and cutting table space and it isn't really practical to be cleaning that between use</li> <li>- As we think about this we really need to think about all the areas where we need to take extra precaution</li> <li>- That is what we did Tuesday; We talked through the process so we can report out on some of the guidelines that we came up with and some of the safety measures we hope you will see put in place when you access the Pilgrim river or other areas</li> </ul> <p><b>Safety Measures:</b></p> <ul style="list-style-type: none"> <li>- Get tested</li> </ul>

	<ul style="list-style-type: none"> <li>- Go fishing with those who have tested</li> <li>- If you are not feeling well stay home</li> <li>- Reminder of COVID-19 symptoms:             <ul style="list-style-type: none"> <li>• Cough</li> <li>• Fever</li> <li>• Shortness of breath</li> <li>• Loss of taste or smell</li> <li>• Diarrhea</li> <li>• Other cold symptoms</li> </ul> </li> <li>- Bring your own processing supplies</li> <li>- Not sharing personal items</li> <li>- When possible, keep your distance</li> <li>- Plan for extra time (May need to give groups an extra couple minutes when pulling the fish in)</li> <li>- Wear a mask</li> <li>- Norton Sound has a few extra billboards and will be putting one up by the Pilgrim River</li> <li>- Will keep a tote there of face masks and gloves in that area</li> <li>- If there are any other locations that are needing these supplies to let NSHC know</li> </ul> <p><b>Dr. Peterson gave the following information for today’s discussion:</b></p> <ul style="list-style-type: none"> <li>- Get tested before you go do that activity because may need to interact with other people</li> <li>- Just like we suggested for whaling; It’s hard to stay away from people when subsistence is going on so getting tested will be a piece of mind for everyone</li> </ul> <p><b>Reba gave the following information for today’s discussion:</b></p> <ul style="list-style-type: none"> <li>- These suggestions were made with Pilgrim River in mind mostly</li> <li>- We know that is just one area of large group with mixed people family, friends, strangers, there may be other places in the region where they may have this going on</li> <li>- We would love to hear other concerns and from people on the phone about fishing situations and things that may come up</li> </ul>
<p>Updates</p>	<p><b>Megan gave the following information on the hand sanitizer that was received:</b></p> <ul style="list-style-type: none"> <li>- We did receive this morning an order of hand sanitizer that we were able to purchase from ANTHC</li> <li>- From that we are going to try to distribute that and ship out hopefully by tomorrow</li> <li>- Each village will be receiving 4 boxes and each box has 20 bottles of hand sanitizer gel</li> <li>- Have at least 3 more orders of hand sanitizer on the way and will be getting them out to folks as they come in</li> <li>- We will announce a little bit later to the folks of Nome on how to get some of the cleaning supplies that has been designated to Nome as well</li> </ul>
<p>Medical Staff Briefing – Dr. Mark Peterson, NSHC Medical Director</p>	<p><b>Dr. Mark Peterson gave medical staff update on the following:</b></p> <ul style="list-style-type: none"> <li>• <b>Alaska:</b> 25 new cases, 816 total cases, 19 out of state cases, 12 deaths, 64 admissions</li> <li>• I think the numbers are going to continue like this through the summer</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>ANMC:</b> 0 inpatients, 67 outpatients, 12 employees</li> <li>• <b>NSHC:</b> 8,230 tested, 3,363 unique patients tested, 6 positive cases, 1 active, 5 recovered, 1 out of state</li> <li>• Percentage of our region tested is well over 30% for Nome itself and over 43% of people tested</li> <li>• We are doing good on testing</li> <li>• I saw a notation from Dr. Zink and she commented that she is not worried about these numbers of new cases because we knew they were coming and she feels good about the fact that we are doing good contract tracing and it sounds like they have enough personal to really jump on these big groups that are getting cases</li> </ul>
<p>Question and Comments</p>	<ul style="list-style-type: none"> <li>○ <b>Comment was that there was a broadcast on the radio of Dr. Peterson and that it was reassuring and suggested that there is a broadcast on the radio for and about fishing.</b></li> <li>○ <b>Once you get tested how long does it take to get the results back?</b> <ul style="list-style-type: none"> <li>▪ Dr. P: The analyzers that we have in Nome in our lab are the rapid analyzers. Once lab has the swab ready in hand to put on the analyzer it only takes 15 minutes to get a positive and a little longer to get a negative. If you get tested in Nome on a rapid unit the results should be back that same day. If you have the ability to access your medical records on myHealth you can get it back same day. If you don't have time or access to look it up you will get a phone call and the phone call will happen at varying times depending on how many test we are running and how many nurses are available to call. If you get tested in the village that takes longer because those test kits have to go to Nome and then to Anchorage. It could be as long as week to get results. If you have a rapid analyzer you should be able to get your results same day.</li> </ul> </li> <li>○ <b>Saint Michael needs parts for their water and sewer.</b></li> <li>○ <b>If someone has a sore throat and have a COVID test what are your thoughts on that?</b> <ul style="list-style-type: none"> <li>▪ We need to direct patients to go into isolation until we get results back and stay home and isolate yourself from others in case they have the virus.</li> </ul> </li> </ul>