

**COVID-19 Tribal Leadership Session Minutes
July 7, 2020**

Amy Hollis, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
Annie Weyiouanna, Shishmaref Native Corporation	Katie, Travel Committee of Unalakleet	Jason Harrell, NSHC
Amos Brown, White Mountain		

*Over 40 participants attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Today's Reminder:</p> <ul style="list-style-type: none"> - Angie Gorn is out of office and Kelly Bogart will be leading the call - Please keep phone muted unless speaking or asking a question <p>Note- Any questions may be sent to Reba Lean at rean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Medical Staff Briefing – Dr. Mark Peterson, NSHC Medical Director	<p>Dr. Mark Peterson gave medical staff update on the following:</p> <ul style="list-style-type: none"> • Alaska: We continue to see 30-40 day increase everyday but would like to see that come down as we see people wear masks and social distancing • Yesterday 28 resident 2 nonresident new cases and seem to have a handle on the nonresident cases • We need to get the resident cases figured out • Total cases in Alaska is 1,166 and on top of that there are 237 nonresident cases and that's 1,403 cases total in Alaska • 72 cumulative hospitalization, 25 currently in the hospital and a week and half ago it was 13 so we have doubled patients in the hospital and it is not surprising • If the hospitalization continue to climb it may be in issue in the state • 16 deaths • The count updated and there were 19 new resident cases, 1,184 cumulative cases in the state, 17 deaths, 78 cumulative hospitalization, 25 inpatients who have COVID or is suspected to have COVID, 322 ventilators available in the state and 121 intensive care units in the state, and total inpatient beds(not just intensive care beds) is 900 that are still available in the state • ANMC: 4 inpatients with COVID and 1 suspected COVID, 128 cases, through the weekend it went up by 28, 14 employees • NSHC: no new positives at this moment, 10,000 test, 3,800 people, 9 positive in region, 8,500 negative and about 1,500 pending • Everything is going up and we as the state need to get a better handle on it • Our region is delayed from Anchorage just like Anchorage was delayed from the lower 48 • We are seeing that rise in Anchorage and we are going to see the same thing here • We are going to have hospitalizations, were going to have death, and we are going to have changes here as well • We have seen an increase in number and the way for us to try and minimize that is again is minimizing bring the virus into our community by requiring people to quarantine and test and that combination is really the best way from letting the virus get in

	<ul style="list-style-type: none"> • Eventually there will be a vaccine but unfortunately that is going to take time • Norton Sound is continuing to prepare and we are adding some physicians for the hospital side and we see now that we will get sick people and so we are adding specific staff to take care of that and we are adding staff to the testing tent so we can be more aggressive with our testing • We are doing what we need to do here at Norton Sound to be prepared and think it will be a very long fall and winter and hard one with COVID especially when the flu starts up as well • What we can all do it wearing mask, social distancing, sticking with the program, and continue quarantine for people coming in which would be best for us and it has really worked good for us as we can see • We have not had anyone that has been sick in the hospital with COVID-19 and that's because it has not spread widely • We have been able to keep it from spreading to elders and people at risk • People need to still enjoy the summer but do it in a smart manner • Continue to get tested often we have the supplies and equipment so get tested on a regular basis and we will get through this • We will be working hard this fall and winter and hopefully next spring we will be singing a different song
<p>City of Nome Work Session – Meghan Topkok, City Council Member</p>	<p>Meghan Topkok gave the following update from the City of Nome Work Session held on Monday July 6, 2020:</p> <ul style="list-style-type: none"> - Last night was a work session and we were talking about the emergency order and whether to extend it - Since it was a work session no formal decision was made but we will be deciding on Monday July 13th at our regular meeting which is at 7 pm - I would highly encourage anybody, especially our tribes and our village municipality, if you have concerns on what Nome may or may not be doing to please write a letter or call into our meeting - If you would like to submit a letter to our city council to consider, I think the ideal timeframe to submit the letters would be tomorrow, Wednesday July 8th close of business as we usually assemble our meeting packets on Thursdays and are distributed on Fridays - Those letters can be sent to John Handeland at mayor@nomealaska.org - A lot of in person comments that we did receive I think kind of swung in the director of not supporting having travel restrictions in place and there were a few comments on if villages are concerned, they could have their own travel restrictions in place - If you think your village or community will be impacted on what Nome decided to do, please write that to us so we can take that into consideration - Again, that's not everybody that was saying that but did hear a few comments in that nature - I do think KNOM or Nome Nugget usually broad cast either through facebook live or over the radio and GCI channel 12 usually broad cast our regular city meetings - There is a call-in line for public comments which I believe is 443-6605 ○ Did you feel that the general energy was to open things up rather than the

	<p>opposite?</p> <ul style="list-style-type: none"> ▪ I think a lot of the in-person comments swung in that direction for a variety of reasons. A lot of the letters that we did receive from folks that weren't in attendance tended, from what at least I thought, to favor having restrictions in place and protection in place for our surrounding communities which are probably the folks that are doing social distancing and staying away from public places and wearing masks and so forth so they weren't actually there at the work session. I also call into meetings, so I am not there in person, but it was pretty split. We met for over 2 ½ hours taking public comments on things. The more voices we can get from our communities is my opinion.
<p>Updates</p>	<p>Reba gave update on masks:</p> <ul style="list-style-type: none"> - Yesterday Reba was included on an email between tribal coordinators and Kawerak and whether tribes have ordered face masks through a company where they could get 500 mask per tribe and there were several tribes that didn't order - I did let Cheryl McConnell with Kawerak know that if anyone needs face masks and they were not able to place that order to just let us know - Tribal coordinators can let Reba know and she can see what we can accommodate - Reba's email address is rlean@nshcorp.org <p>Sean Lee, OEH, gave an update on spigot buckets:</p> <ul style="list-style-type: none"> - We are going to be sending out the buckets today
<p>Question and Comments</p>	<ul style="list-style-type: none"> ○ At this time of the year we have colds, what would suggest about us testing ourselves? <ul style="list-style-type: none"> ▪ Dr. P: That is a good question, and this would be true for anyone and everyone. If you get sick, get a fever, cough, cold, runny nose, I think it is a good ideal to see if you COVID-19 simply because it is out there. What you would do is simply call the clinic and say I'm having some symptoms runny nose, fever, whatever it is, and I am concerned, and I think I should probably get tested for COVID-19. The clinic could then assist you with arrangements to get swabbed. What you don't want to do is show up and go into the clinic unannounced. You do want to give them a heads up so they can prepare for swabbing. Most of the time they want to do the swabbing outside on the porch and they want to put their gown on, face mask on, face shield on, gloves on, you should have a mask on when you go over to the clinic and not take that off until they ask you too. That would be the best thing to do. The other thing you need to do other than just getting tested is, if you have a cold or virus to take care of yourself, isolate yourself from others. Don't be hugging and kissing everybody, be on your own, wash your hands, wear a mask, and keep yourself separate from others. Even if you test negative you want to do that because you do not want to be spreading any virus. ○ Is there any medical reason why some people get the COVID-19 more than once? <ul style="list-style-type: none"> ▪ Dr. P: I don't think it is very common. We think the people who get will develop antibodies and not get it again for a period, but we don't

know that for certain. There have not been document cases of proven reinfection. There's really hasn't been anything out there that states that people can get it again. We are really not seeing that. Has it happened? Well I think some people have said it has happened but that could have been a missed diagnosis. I think that is one of our smaller worries and don't think we have to worry much on having had it and getting it again.

- **How many hospital beds are there in Alaska?**
 - Dr. P: Those numbers do look good. I think the state can handle the number of cases especially those on the road system right now.
- **Is there any way you can tell us what cities are on the rise in the state of Alaska?**
 - Dr. P: It's almost all Anchorage. The new cases are almost all in Anchorage. That is where it is really growing. Other places on the road system like Palmer, Wasilla, Seward, those places are also having cases. It's all the road system cases but it's most almost all Anchorage. That's where the community spread is spreading.
- **There are locations in Anchorage where people are getting COVID like certain restaurants, and bars. What are those locations?**
 - Dr. P: I think there is several businesses in Anchorage that they listed as people having COVID, went there, spent time there. They are recommending that people don't go to those businesses or get tested if they went to those businesses. It's mostly bars and restaurants where people are close together. Anchorage has those listed online. Those are the only locations that I have noticed for the Anchorage area and I think if someone goes into to Anchorage, I think it is good not to go into stores and restaurants if you need to. It is better to get things at the window, outside, or order things in rather then going in because it puts you at risk if you go into the stores. You want to wash your hands before and after and be smart about it.