

**COVID-19 Tribal Leadership Session Minutes
July 8, 2020**

Amy Hollis, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
Annie Weyiouanna, Shishmaref Native Corporation	Robert Tokeinna Jr, Wales	Ronda Burnett, NSHC
Timothy Lemaire, NSHC	Axel Jackson, Native Village of Shaktoolik	Laverne Saccheus, Unalakleet

*Over 40 participants attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION		
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Today's Reminder:</p> <ul style="list-style-type: none"> - Please keep phone muted unless speaking or asking a question - Dr. Peterson will not be able to join us today so Megan MacKiernan will be giving the report today and Dr. Lemaire will be on the line to answer any medical questions <p>Note- Any questions may be sent to Reba Lean at rlean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>		
Medical Staff Briefing – Megan MacKiernan, PA-C, Compliance Director	<p>Megan MacKiernan, PA-C, gave medical staff update on the following:</p> <ul style="list-style-type: none"> • Alaska: 1,184 cases, 24 yesterday, 1 new death that was reported yesterday in Wasilla, hospitalizations are at 25, we are still waiting for numbers to update for today • The update came during the meeting and today's new numbers that were just reported is 40 new cases for yesterday from Alaskan resident's and 9 from visitors, no new deaths, 125 cumulative hospitalization and we expect that number to continue to climb and there are 30 inpatient hospitalized as of right now but zero on ventilators and there were 3 over the weekend so that is good news • Dr. Peterson: The key is getting a handle on those new numbers of residents is really key and the state hasn't been able to do that yet • They had a lower number over the weekend but it's now back to 40+ • People need to wear their mask and not gather together in groups and am sure that is what is going on • That makes it difficult for the state and public health • In our region we will get prepared for the worst and have said that from the very beginning and hope for the best • We need to continue to push the state to do the right thing and our numbers are lower than any other state • Watching the hospital numbers are the most important numbers for us and the positive daily numbers are important as well • ANMC: 5 Covid inpatient, 4 positive 1 suspected, total of 128 positive test • NSHC: no new cases in the region, we had a total of 10,215 test that have been done in the region and almost 4,000 unique patients that have tested • Percentage by village: <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Home City</td> <td style="width: 50%;">percent</td> </tr> </table>	Home City	percent
Home City	percent		

	BREVIK MISSION	24.64%
	ELIM	25.66%
	GAMBELL	17.34%
	GOLOVIN	31.32%
	Koyuk	26.89%
	LITTLE DIOMEDE	26.14%
	NOME	49.43%
	SAINT MICHAEL	23.98%
	SAVOONGA	22.50%
	SHAKTOOLIK	21.35%
	SHISHMAREF	36.18%
	STEBBINS	17.46%
	TELLER	52.85%
	UNALAKLEET	31.69%
	WALES	29.94%
WHITE MOUNTAIN	32.51%	
Region Wide	35.31%	

Updates

Amy Hollis gave the following quarantine update:

- Encourage people to give her a call whenever they are traveling
- Trying their best to reach out to any patients that are traveling and to confirm travel
- If you are receiving any phone calls or voice messages from Amy is because we have you down for traveling within the next week
- The more information we can get from you early on we can get you housing in advance

	<ul style="list-style-type: none"> - If you think you will need housing just reach out to Amy and she can get something set up for you - Amy’s contact is 907-434-0654 - The phone is covered on the weekend also as well and if you leave a message you will get a call back - So far have been able to house everyone that has been wanting to be placed - If there are any city leaders that have any update to their policy please contact Amy or Reba to update them about the changes - If you are traveling from Anchorage and have to go to Bering Air there is really no place for you to go get food between Anchorage travel and we want to remind people to grab a snack or food while in Anchorage in case you have a long lay over <p>Angie gave the following update:</p> <ul style="list-style-type: none"> - A suggestion was made to have a call with the Bering Strait School District as well as Nome Public School - We will coordinate that and will announce it so everyone is aware on when we will hold that discussion
<p>Question and Comments</p>	<ul style="list-style-type: none"> ○ How many of the 24 are listed as non-resident? <ul style="list-style-type: none"> ▪ MM: There were 4 new non-resident cases reported on 07/06 which is the most recent data we have. One from the Kenai area, two from Anchorage area, one in unknown. They did release one was a tourist but did not release what the other three purpose of travel was. ○ When can we expect to see an increase from the holiday? <ul style="list-style-type: none"> ▪ MM: If someone were to contract COVID-19 in general people start having symptoms about 5 days later which is an average but could be as short as 2 or as many as 14 days. About 5 days later people might start having symptoms which might prompt them to go get tested. After 5 days we would expect for the rate to go up a bit after the holiday. ▪ Dr. L: Didn’t think I have anything additional except that I think we are going to have continued to see an increase as the state continues to open up and as folks continue to travel. The end of the corona pandemic will be when at least 80% of the population has had the disease at some point. The state of Alaska is a big state and we have a long way to go until we have all gone through this. Because this is a new disease this is something we will be dealing with every day like we deal with the flu and other disease from a healthcare stand point. ○ Recommendation given by someone who traveled: <ul style="list-style-type: none"> ▪ On the Bering Air flights you have to wear a mask ▪ If you are diabetic you should be packing a lunch or if you are needing a snack ▪ Alaska Airlines only hands out a little water bottle and a little snack bag smaller than 5 oz. ▪ When you get to the Anchorage airport keep your mask on ▪ Patient housing in Anchorage was not allowing guest stay so make sure you have housing available especially if you are bringing a guest with you

- Make sure to have a snack especially if you are waiting at Bering Air for your flight because they do not have any snacks at the airport
 - Talked to patient housing in Nome and got permission and the okay to have the guest to stay with them at housing because two out of the three travelers had appointments within NSHC and ANMC but one had a private appointment not within NSHC and ANMC and they were able to accommodate after they explained their situation which the travelers were grateful
- **If you see somebody who appears ill should we not walk by them?**
 - Dr. P: Most people that have a cough won't have Covid-19 but you do want to be careful and cautious. You can't make them wear a mask but you can wear a mask and that can give you protection for you. If someone appears ill in some fashion you want to keep your social distance. There is likely a way to get past someone without walking by them. Walk around them. Wear a mask. Try not to come in close contact with somebody that is ill. If someone does have Covid-19 and you were outside or walked by quickly you are not likely to get it by simply walking by them. Close contact is 10 minutes of 6 feet or closer is considered close contact. Don't think you have to worry significantly about walking by someone. Do all the right things by wearing a mask, avoid people that are ill. If you are on a plane and someone is sick by you everyone should have a mask on and you can ask the stewardess to move you somewhere else.
- **Discussion was held on ANMC food options during this time.**
- **Can we request lock down and close businesses?**
 - Dr. P: I think it is on an individual basis. If we had an outbreak in a village we may say hey it's time for a lock down and with approval from the community leaders a lock down would happen and you would be staying home unless authorized by your leaders to move about. We haven't had to do that at that point but tribal leadership can make that decision and Norton Sound can help. Nome and Anchorage are watching and NSHC thinks quarantine and 7 days testing is the way to go. Anchorage is not doing that anymore so we are see the consequence of that which is what you are seeing, high number of cases. I understand the economy and all that but we are seeing the effects of just opening back up. Prevention is the key. I suppose the City of Anchorage and the state would have to look at their bed availability and if things look like they are going to get overwhelm the medical community they will have to shut down and do a city mandate. Those lockdowns are possible and thinks it depends on what community we are talking about.