

**COVID-19 Tribal Leadership Session Minutes
July 21, 2020**

Angie Gorn, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle
City of Gambell	Amos Brown, White Mountain	Rhonda Brunett, NSHC
Jason Harrell, NSHC	Charles Swanson, Native Village of Koyuk	

*Over 30 participants attended today's meeting.

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p>Today's Reminder:</p> <ul style="list-style-type: none"> - Please keep phone muted unless speaking or asking a question <p>Note- Any questions may be sent to Reba Lean at rlean@nshcorp.org anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Updates	<p>Angie gave the following update:</p> <ul style="list-style-type: none"> - Thursday, we have invited NPS and BSSD to be part of the discussion for back to school reopening plans - Will start the call at 11am because they only have an hour - AC is also now requiring masks <p>Megan gave an update on the new testing result system:</p> <ul style="list-style-type: none"> - We have not gone live yet - We talked about it yesterday - Hopefully you will see us go live in the next day or so - What is going to happen is each morning we are going to pull a list on all patients that got a test result for COVID a day before whether that's an Anchorage result or Nome result when they are tested resulted a day before - We are going to send a text message to the primary phone number that is in Cerner for that person - The text message will say that you have a message from Norton Sound Health Corporation please either text back a key word or there will be a link to take you to the patient portal - If you text back the key word someone will be sitting at a computer waiting for those text to come in and once the text comes in you will get a message back that says please send us your name and DOB and is proof your identify for us to make sure that we are only giving results to the right people - All patients with positive results we are still going to call - Will announce on this call when we have gone live with the system - If you are not sure if we have your best phone number in your chart you can call your clinic or the hospital in Nome and they can update the phone number at any registration desks - The text will come from an 800 number which will be the same number from the test survey
Medical Staff Briefing – Dr. Mark Peterson, Medical Director	<p>Dr. Peterson gave medical staff update on the following:</p> <ul style="list-style-type: none"> • Alaska: 92 new cases in the last 24 hours period, 20 additional nonresident, 2041 cases, 32 hospitalization in the state for today, 1 ventilator patient in the state, 18 deaths, 105 cumulative hospitalization • Higher number of resident and nonresident cases • Big outbreak in fishery industry

- 266 ventilators available
- 22 ventilators being used in the state for all patients Covid/non-Covid
- ANMC: 2 inpatient, 230 outpatient, 19 employees
- NSHC: no additional new cases, tested over 12,500 test, 4,500 individuals, 3 active cases in region, 19 total resident cases
- Can't say enough the importance of wearing mask
- Majority of cases are being spread through large gatherings, and restaurants
- we must continue to social distance and wear mask
- talking to city to Nome to mandate wear masks
- watch the number long term
- having more time to prepare we are in a much better position but want the numbers to come down and want people to be participating in that

Symptomatic patients:

- **We don't want to forget about people with symptoms**
- **We don't want people with symptoms to be afraid to reach out**
- **If you are in the village without symptoms and want to get tested, you can call the clinic and request a slot to get tested**
- Symptoms:
 - Fever
 - Chills
 - Feeling feverish
 - Body aches
 - Runny nose
 - Sore throat
 - Cough
 - New loss of taste
 - New loss of smell
 - Vomiting
 - Diarrhea
 - Nausea
- If you have any of the symptoms listed above you should really call your clinic and let them know that you have the symptoms, listened to Dr. Peterson that you should get a COVID test
- They should make a slot for you to come in and to be seen and get tested
- You should call the clinic a head of time so they can get prepared and get all their material on before you show up
- If it is after hours in the village there is the nurse call line you would call, and they will put you in contact with a health aide
- If you live in Nome and you have no symptoms you can go to the testing tent and get tested
- If you have mild symptoms and you wouldn't normally see the doctor for it, you can get tested in the testing tent but need to make sure to wash your hands and wear your mask
- However if you live in Nome and you are having symptoms and want to get seen because you are worried about it then call the clinic 443-3333 and let them

	<p>know you have symptoms and would get tested for COVID-19 and see a doctor and they will then make you an appointment in the clinic to come in and be seen and then you will get a test there in the clinic</p> <ul style="list-style-type: none"> • After 5pm and you have no symptoms and live in Nome and maybe you were exposed to someone and want a test the testing tent would be the best place and you can come in in Monday through Friday 8am-5pm, Saturday is closed, Sunday 1pm – 5pm for those patients who do not have symptoms • If it is after hours on a night or weekend and the clinic is not open, the tent is not open, and you are not feeling well and have symptoms call the ER and let them know your symptoms and that you would like to be seen and get a COVID test. The ER should be able to accommodate you and it is nice to call ahead
<p>Question and Comments</p>	<ul style="list-style-type: none"> ○ Are antibodies disappearing? <ul style="list-style-type: none"> ▪ Dr. P: The CDC came out with some new guidelines on how we treat people who have COVID-19. What they are telling us is that for the three months after someone is sick with COVID-19, we should not test them and not really worry about them catching it again. It’s sounding like after three months’ of having COVID-19 the risk of getting it again is small. It’s looking like three months is a good coverage period. After that antibody amounts drop down and lower. We don’t know about coverage after that. ▪ MM: Found the same guidance and they are pretty much recommending against routine antibody testing certainly not for confirmation for disease immunity. ▪ Dr. P: They also have it in there that they are kind of leaning now away from antibody testing as a useful test. Just because antibody may drop some. Other thing on the CDC guidelines that is kind good news is that if someone is sick with COVID they are not severally ill but is mild to moderate ill with COVID symptoms they are probably only going to shed virus 10 days from on symptoms. So that is good that they will only shed for 10 days and won’t shed the virus after that. If people stay isolated for 10 days, then it will be good. ○ Are we making sure that clinics have enough supplies? <ul style="list-style-type: none"> ▪ Dr. P: We have plenty of test kits for every village. It may be that the village runs out one day and get’s supplies the next day. The issue for the patients in the villages that are testing on their 14th day and the reason they need to wait 3-4 more is days is because they are most likely getting the ANMC test kits which takes a few days to get the test results back and that is why they are needing to stay in quarantine until the results are back. We expect by September to have the 10 new analyzers for the villages that are without analyzers. ▪ MM: The clinics may also request patients to wait until Monday because the test that go to Anchorage may time out and will not be useful so they do not want to have to recollect the test again so they if lets say someone goes in on Thursday they may be asked to wait until Monday due to flights and not wanting the test to time out. ○ I’m wondering if you would be willing to provide an update on the COVID surge that will affect Anchorage’s ability to provide patient care and

	<p>medivac patients?</p> <ul style="list-style-type: none">▪ Dr. P: If we continue to see high cases Anchorage, Fairbanks, their beds could get saturated and that could be a hardship for us. Will say that they are better prepared than they were in the past and they have off site locations and know that ANMC is looking at an off-site location in case the tribal health organizations need to send patients into them. They are all looking and preparing. I think we are in a decent position and we want to see these numbers to come down and if the numbers come down we should be just fine and if they continue to stay at 100+ it's hard to say what things will look like a month from now. I don't think it is a time to panic and think it is a time to just get smart and do all the right things.○ Is that the computer network village travel that you guys are sending out?<ul style="list-style-type: none">▪ MM: This is not for travel it is just for COVID test results.
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