

Common questions & answers about our certified nurse aide training course

What are the dates for the 2019 class?

Students have class in Nome from Monday, May 20, through Friday, June 14. The state certification exam will follow a week later. Students will be sent pre-class assignments for the week of May 13.

How much will this training cost?

CNA training for *each student costs over \$6,000.*

A group of agencies working together as the Bering Strait Health Consortium is dedicated to training local health care workers. *The consortium will cover the cost of training for eligible students accepted into this CNA training program.*

How many students will be in the class?

The Bering Strait Health Consortium will select up to six students. Half of the slots are generally reserved for NACTEC students.

How do I apply to take this training?

Bering Strait School District high school seniors ages 17 and up should apply to NACTEC; students must have completed at least one 2-week NACTEC training program, preferably in health care. Adults from the region and Nome-Beltz High School students ages 17 and up must complete an application available at NSHC Human Resources, Kawerak, village tribal offices, the Nome Job Center, and UAF Northwest Campus. Pick up a packet, or call Irvin Barnes, NSHC HR, at 443-4559 or 1-888-559-3311.

What is the application deadline?

Apply by **Friday, March 29, 2019**. Applicants will be notified by April 26 as to whether they were selected.

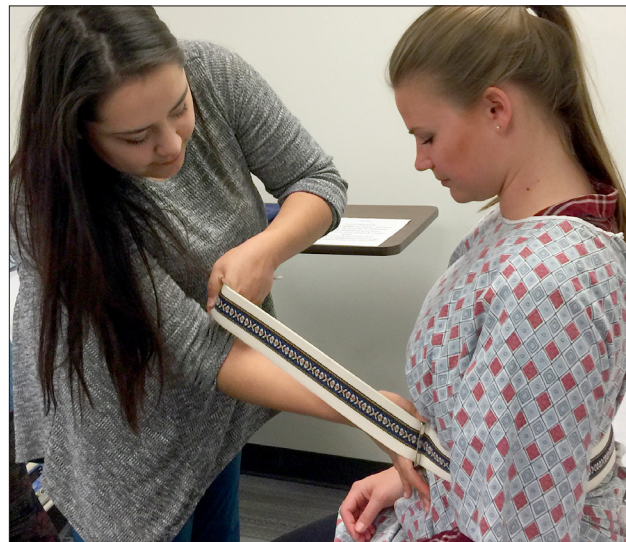
How are applicants selected for the class?

To help ensure successful completion of training, students must have at least 10th-grade reading

and 8th-grade math abilities; must commit to attending every section of training; and must be able to frequently lift 40 percent or more of their own body weight. Applicants willing to commit to being employed full-time as a CNA at NSHC will have preference for selection. By state law, a history of certain crimes will bar a student from participation. Each applicant will be interviewed to help determine eligibility.

Do I need to take a test to be selected?

Yes. All applicants must take Accuplacer and ALEKS placement tests to assess reading and math skills. To



arrange testing, contact UAF Northwest Campus at 443-8416 or 1-800-478-2202 ext. 8416, or email nwc.testing@alaska.edu. Testing must be completed by 12:00 noon, April 12, 2019.

Is a criminal background check required?

Yes. If you have any kind of a criminal record—including any incident as a minor—please include a letter in your application that explains the circumstances and why these past incidents will not affect your ability to work as a CNA now. A criminal history will not necessarily disqualify you from becoming a CNA.

How much time is required for training?

This is a very intensive training program. Class typically meets 8am to 5:30pm with a 1-hour lunch break. Students are also required to participate in a study skills course from 7-9pm weekdays during the first three weeks to help complete required work.

How much homework is there?

You will be taking 10 college credits of coursework in this training program. A great deal of homework is compressed into the 4-week span of training. The bulk of your homework is to complete a large workbook that goes with the course textbook.

Do I need scrubs for this class?

Quyanna Care Center employees may wear scrub tops or kuspuks, and jeans. If you have kuspuks and live outside of Nome, you'll want to pack them when you come in for training! Scrub tops and a stethoscope will also be provided for eligible students by the Bering Strait Health Consortium.

I live in a village. Who will pay for my travel to Nome?

Agencies involved in the Bering Strait Health Consortium will cover these costs.

What documentation will I need in Nome?

You must bring *two forms of identification*, at least one of which has a photo. Eligible photo IDs include state driver's license, state ID card, passport, tribal enrollment card that has a photo, school ID that has a photo, etc. ***If you do not have a photo ID, take steps now to get one.***

Do I need to bring any equipment?

Yes, you will need a watch with a second hand for taking vital signs.

Where will I stay in Nome?

Norton Sound Health Corporation will provide non-NACTEC students from the villages with free lodging in NSHC corporate housing. NACTEC students stay at NACTEC House.



Become a key player on the health care team: Join our certified nurse aide course!

Certified nurse aides work under the direction of nurses and doctors in hospitals, clinics, home health programs, assisted living programs, private homes and doctors' offices.

CNAs give personal care to patients, helping them with everyday activities like bathing, changing dressings, and eating.

CNAs improve the quality of life for their patients by making sure they are comfortable and well treated.

Please read through this brochure to find answers to common questions about our CNA training.



Where will classes be held in Nome?

Class will meet at UAF Northwest Campus. Clinical skills will be put into practice during six days at Quyanna Care Center, Norton Sound Health Corporation's long-term care center.

Will we have class on Memorial Day?

Yes. Monday, May 27, is Memorial Day this year, and you will have class on that day.

YOU'RE INVITED!

Learn more about our CNA class and what it's like to work as a CNA at NSHC!

WHEN:

Wednesday, March 6 • 11:00am & 6:00pm

WHERE:

Conference Room H101, First Floor
Norton Sound Health Corporation

JOIN BY PHONE IF OUTSIDE OF NOME:

Call: 1-800-315-6338 PIN: 762-966

What is Quyanna Care Center, and what will I do there?

Quyanna Care Center is an 18-bed, long-term care facility with CNAs on staff. Near the end of the course, each CNA student will partner with a working CNA to practice patient care.

When will I know if I passed the class and the state exam?

Students will be told on the last day of class whether they have passed. Within three weeks of the state exam, you should hear from the State of Alaska as to whether you passed the state CNA exam.

CNA TRAINING 2019

