

**COVID-19 Tribal Leadership Session Minutes  
November 24, 2020**

Angie Gorn, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle

AGENDA ITEMS	DISCUSSION/RECOMMENDATION
Introduction to Meeting – Angie Gorn, NSHC CEO	<p><b>Today’s Reminder:</b></p> <ul style="list-style-type: none"> <li>- Please keep phone muted unless speaking or asking a question</li> </ul> <p>Note- Any questions may be sent to Public Relations at <a href="mailto:pr@nshcorp.org">pr@nshcorp.org</a> anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Updates	<p><b>Angie gave the following update:</b></p> <ul style="list-style-type: none"> <li>• From our most recent press release: 6 cases yesterday, 2 travel related in quarantine (1 in Nome, 1 in village) 3 Nome residents who were close contacts of cases, 1 regional close contact, had 46 yesterday, and 51 ACTIVE today</li> </ul>
Medical Staff Briefing – Megan Mackiernan, PA-C	<ul style="list-style-type: none"> <li>- We were at 46 active cases in the region yesterday (which can be different from the state numbers). Our numbers for recovery start 10 days from the positive test or 10 days from when your symptoms start. As long as people are considered contagious is when we have them on our "active" category. These are based on just those who test, some may not test and we assume our numbers will be more. We know 46 people are in isolation right now, and many in quarantine right now who may have been exposed and may develop symptoms (typically 5 days after)</li> <li>- We expect to receive information on the rollout of a COVID 19 Vaccine for Hospital based healthcare workers soon. There has been an update from the State of Alaska DHHS on how the daily report is probably underreported each day. They will be updating it as necessary due to the high volume of cases and testing in the state.</li> <li>- The Nome City Council met last night and is asking restaurants &amp; bars to go takeout only, keep cab numbers small.</li> <li>- NSHC Testing: Our region is doing so well in testing. Only 118 state tests (1wk-10 days turn around). NSHC tests 2420 tests last week, with over 2100 being done via the Abbott RapidID Now. Nome – 1195 tests, Stebbins – 199 tests, Teller - 146 Tests, Golovin – 138 tests, Unalakleet – 128 tests, Shaktoolik – 128 tests, Brevig Mission – 75 tests, Elim – 63 tests, Gambell 42 tests, Koyuk – 26 tests, Little Diomedea – 3 tests, Savoonga – 51 tests, Shishmaref – 85 tests, St. Michael – 74 tests, Wales – 6 tests, White Mountain – 61 tests. We'd like to see 10% testing of the population each week.</li> <li>• We have plenty of rapid tests in stock. Make an appointment to get tested.</li> </ul>
Question and Comments	<p>Glenn Steckman: City of Nome Manager discussed the meeting yesterday and announced for a Emergency session tomorrow. An emergency order expected tomorrow (today) at 5pm. Closing restaurants at 5pm and only allow take out service through December 14. All of this to slow the virus for the next 3 weeks. For cab drivers: Only 3 non-related people will be allowed in the cab (however if there's a family they all can ride together), and everyone must be wearing masks.</p> <ul style="list-style-type: none"> <li>• Barb Gray: Can someone explain the different advice being given to potential close contacts? For example the 14 days quarantine for people who may have gone to ANB? Get tested, continue on, and get tested again in 7 days. Megan: the most conservative guidance and our highest recommendation: If you are a close contact, quarantine for 14 days. Testing</li> </ul>

doesn't get you out of quarantine, you still need to complete the 14 days. There are some individuals who were thought not to be close contacts but may have been exposed. We advise you to not work while on quarantine.

- Caller - How do we know who's on quarantine? Megan: That's private medical information, we can't share that. The patient themselves can share that.
- Dan Harrelson: Question regarding WMO: we've got an issue here at our clinic. We had Kelso come in for dental last week. Essential workers, like Kelso who stayed at the clinic. Has an issue with our health aides, where a staff member has members coming in from Unalakleet and from Lower 48. Angie; We want our healthcare staff to follow local mandates (which super-cedes our employee policies). If a mandate in a village requires household members to quarantine we expect our staff. We want every village leadership to approve any of our village provider visits. We will leave it at the village leadership's discretion if you want a provider to come in or not.
- Barb: Quarantine issue and Dan in WMO: Is it possible to do more outreach to everyone regarding quarantine and households in particular. So many people in Nome who aren't quarantining with their households. Please get a message outlining this. Angie: I don't think the City of Nome requires household to quarantine with a family member, and we can ask CON to include that for a time frame. Barb: Not asking for a mandate but a public education session or outreach to ask whole households to quarantine. Glenn: We have been asking the public if they have a family member coming in on the jet, we ask to not have physical contact with anyone and to quarantine and not visit for 7 days. Angie: we agree, we will get a reminder pushed out.
- Inuraaq: Wanted a clarification, if someone is told to quarantine or a member of the household is to quarantine, can they take advantage of grocery delivery? NSHC has every medical travel related quarantine and help deliver groceries. For people who've tested positive and their close contacts
  - For families and personal travel for people who've traveled that is not normally within our purview. Our priority is medical travel and people in our care.
  - Megan: say someone comes to visit from lower 48. If you can't isolate a person from other people in the household, the whole household should quarantine. If that person is able to quarantine safely (own room, own bathroom), and aren't interacting, they can quarantine in house. If a child is quarantining or you can't safely quarantine in separate rooms. If you're quarantining, don't go to the store, post office, or anywhere. The point is quarantine is to not expose anyone in case you test positive. If you are a close contact, that's strict quarantine. You can do that as a home, or you try to "house within a house" quarantine.

Angie: November 27: NSHC is turning 50 years old. We are offering special anniversary promotions: 50% off of services that patients would normally pay out of pocket for: glasses, dentures, contacts, hearing aids. We've already shared the promotion of 1 holiday meat per household. We sent each community 50% of their total household count turkeys. The prime rib will arrive next month. NSHC BOD approved \$100 towards a utility bill, internet bill, or phone bill. Later in the year watch out for raffles and other options. We won't hold a call on Thursday or Friday (both sanctioned NSHC holidays). Last call tomorrow: A great call to focus on giving thanks. If you want to give thanks to your essential staff.

- 50% off what you'd pay out of pocket (if your contacts cost \$100, you'd pay \$50).
- Would it work for something you'd already paid for (glasses). Angie: our fiscal year started Oct 1: We want to look at anything Oct. 1. We will post education or communication

Amos, WMO: If a patient is traveling with an escort, and the patient tests positive, is there services available for the escort to quarantine? Angie; Yes. We work to find a safe quarantine location. If

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	there's questions call our quarantine phone; 434-0654.