

**COVID-19 Tribal Leadership Session Minutes  
November 18, 2020**

Angie Gorn, NSHC	Reba Lean, NSHC	Mark Peterson, MD, Medical Director, NSHC
Kelly Bogart, NSHC	Megan MacKiernan, NSHC	Cameron Piscoya, NSHC
Kristen Timbers, NSHC	Carol Charles, NSHC	Megan Alvanna-Stimpfle

\*Over 30 participants attended today's meeting.

<b>AGENDA ITEMS</b>	<b>DISCUSSION/RECOMMENDATION</b>
Introduction to Meeting – Angie Gorn, NSHC CEO	<p><b>Today's Reminder:</b></p> <ul style="list-style-type: none"> <li>- Please keep phone muted unless speaking or asking a question</li> </ul> <p>Note- Any questions may be sent to Public Relations at <a href="mailto:pr@nshcorp.org">pr@nshcorp.org</a> anytime or text to 907-434-1927 and they will be answered during the 11:00 am call.</p>
Prayer/Grounding – Sherri Anderson	<b>Deep Breathing exercise</b>
Updates	<p><b>Angie gave the following update:</b></p> <ul style="list-style-type: none"> <li>- NSHC just issued a press release regarding our cases. We had 4 cases identified yesterday. 3 cases were close-contacts, 2 in Nome, 1 in Golovin. We have 22 active cases (16 active cases in Nome), 1 in SMK, 1 in Elim, 1 in Stebbins, 3 in Golovin.</li> <li>- If there's anyway to keep your get together's small, we'd prefer you all to</li> <li>- NSHC has decided to use some of our COVID funds for the purchase of holiday meats. The turkeys are here for Nome, for each household. We will be sending out turkeys for each village as well. Getting the message out, and we have staff to help out. We will have prime rib arriving next month before Christmas and will release a message when that's happening.</li> </ul>
Medical Staff Briefing – Megan Mackeirnan – PA-C	<p><b>Megan gave medical staff update on the following:</b></p> <ul style="list-style-type: none"> <li>• <b>Alaska:</b> Numbers continue to rise, with 1 additional death yesterday of an elder from Anchorage. State total for resident cases is 24,419, with 549 new cases yesterday, with 119 individuals currently hospitalized with COVID-19. Cases are on the rise, statewide. High positives/test percentages throughout the state. 14% of patients in hospitals in ALaska have COVID. 11 people in the state on ventilators, 87 people in intensive care (for both covid and non-covid). Anchorage is showing 16 available ICU beds. For example, two elders visited and spread covid to over 150 people because of overlapping bubbles.</li> <li>• <i>What can you as a resident of Alaska do? Keep your bubble small. Wash your hands, make sure your hands to contact your eyes, nose and mouth. If you have any symptoms (even just runny nose), stay home and keep your germs to yourself. Don't have any visitors. Get tested if you have any symptoms and stay home. You can still be in the infectious period and perhaps test negative initially and test positive when you test again</i></li> <li>• <b>NSHC:</b> NSHC testing is going well, we're able to test a lot of asymptomatic</li> </ul>

Question and Comments

- **Amos in WMO:** Are patients able to show your patient portal or the text messages? (test questions, min 7) Megan: Patients, flying back to villages, please allow adequate time
- **Sherri Nome:** How are we handling our elders in our region so that we make sure they're not struggling with depression and that they understand what's going on? Angie: It's been brought up a few times, however we haven't been able to address that yet. It's critically important and needed, but we will form a team and a work group to figure out how to address it.
- **Roy Ashenfelter Nome:** Traveling from Alaska Airlines to Bering Air- It may not be in our control for people. Something to consider as people arrive from Anchorage and continue to Bering Air to the villages. MM: If you know you have a close connection and traveling from Alaska Airlines to villages, get your test before you leave. You should still be in the 72-hour window. Bering Air doesn't require that you need it tested at NSHC just that you tested within 72 hours. Roy: What about the general public who's not traveling for medical? MM: Anyone in Anchorage can go through the drive thru testing sites in Anchorage. As soon as you know you are traveling, get tested. State of Alaska has a testing center map to show you where to get tested.
- **Virginia, St. Michael:** Asking for a matrix on a brochure for patients traveling. Asking for NSHC to create a pamphlet. Angie: NSHC has created a testing map. Will send it to your email, and physical copies to SMK, and a new Facebook Post.
- **Jason Harrell, Anchorage:** Wanted to share that Walgreens has rapid testing available (used to be free, not sure if it still is). ANMC has a self-testing, drive thru. They have a walk in testing on campus, though it is pretty busy. If you're traveling to Anchorage for appointment, when you get tested, specify that you need a test for traveling. When you do travel to Anchorage, consider not visiting
- **Gina Appelloni:** Employees in Sitka traveling to Anchorage, then onto villages. They are getting tested before they arrive. (Sitka doesn't have rapid testing) Angie; When they arrive to Nome, request rapid testing at the airport and express that. Gina: ANMC testing is only rapid in the walk-in clinic. Angie: If anyone is asking for a rapid test at the airport we will work with our staff to honor that need. MM: NSHC has two different rapid tests: the 1-hour ID Now, and one that is a little longer (sepia?)
- **Angie:** If patient tests at ANMC, Southcentral, and doesn't have their results yet, they can text our line to get their results.
- **John, Savoonga?** Can NSHC research and post the rapid testing at the hospital campus? It needs to be very well understood for patients from villages traveling for medical, where they get the rapid test and to get results back. Please make sure people know where to go to get their rapid results for traveling: ANMC walk in testing, where they're located, when their hours are open. MM: <https://anthc.org/covid-19-testing-at-anmc/> ANMC Drive thru location is at 4141 Ambassador Drive, and the walk in is in the Consortium Office at 4000 Ambassador Drive, The Covid Tesing Site hours: 9am-7pm, Monday – Saturday, and 10am-6pm on Sundays/Holidays Bring your id, wear a mask. It is a self-swab and they will instruct you how to swab yourself. After you're done, NSHC residents can text the texting result line. If you're waiting on a

	<p>result for a plane, text us for your results. We are not able to reach out to everybody right when their test is ready, so text our line.</p> <ul style="list-style-type: none"> <li>○ <b>Annie, Shishmaref:</b> If we needed results immediately, what’s the turnaround time? MM: We have a group of staff who respond to the test, we’re able to respond to most texts within 5-10 minutes between 9am-5pm. After 5pm, about 20 minutes. After 6pm, probably about 1/hour until 10pm. Busiest time of texting is right around 9am as people text with the previous days texting of results. 10 am is pretty fast with the turnaround time. If you need help with patient portal you can call 443-4542. You can check online at MyHealth Patient portal or download the Health e Life app for viewing your results fast as long as you have access to the internet.</li> <li>○ <b>Annie, Shishmaref:</b> Are we looking into getting more village-based counselors? Angie: Yes, we are looking into it.</li> </ul>
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