

“Person-centered Planning”

What is Person-centered Planning?

A dynamic process for planning and supporting each individual receiving any type of services that builds upon the individual’s capacity to engage in activities that promote community life; honor preferences, choices, and abilities; and include families, friends, and professionals as desired by the individual.

How does Behavioral Health Services use Person-centered Planning?

Behavioral Health Services is planned and woven into the strengths and traditions of the region.

Behavioral Health Services staff members bring their own life experiences and education to services and are routinely evaluated within the format of the planning.

Clients choose the services they want as part of their care and add their own strengths, needs, abilities, and preferences to programs.

Treatment is NOT about what Behavioral Health Services wants; it is all about what YOU want!

NSHC/ Behavioral Health Services