

Return to Work Letter
for
Employees Required to Self-Quarantine

Dear Employee,

Your 14-day quarantine will end on_____. Before returning to work, you must be able to answer “no” to both of these questions.

1) Do you have any of these symptoms: cough, shortness of breath, or high temperature (above 100.4?)

2) Since you started quarantine, has any member of your household traveled to Anchorage or lower-48?

Please call your employer before returning to work if you answered “yes” to one or both of these questions.

If you are sick and/or have questions about symptoms, call the NSHC Nurse Call Line at 907-443-6411 or 844-586-8773.