

THE **GAMP** DEPARTMENT PRESENTS



**REGISTRATION OPENS
MAY 23, 2022**



**NORTON SOUND
HEALTH CORPORATION**



CAMP



SUMMERCISE

2022



SESSION 1: JUNE 6-23 2022

SESSION 2: JULY 11-28 2022

MONDAY - THURSDAY | 1-4:30PM

COST: \$50 PER SESSION (INCLUDES SWIM)

Registration Opens May 23rd



QUESTIONS?
CALL CAMP 443-3365
EMAIL SUMMERCISE@NSHCORP.ORG

SCAN OUR QR CODE OR
VISIT OUR WEBSITE TO
REGISTER BY JUNE 1ST

[HTTPS://WWW.NORTONSOUNDHEALTH.ORG/SERVICES/COMMUNITY-HEALTH-SERVICES/CAMP/SUMMERCISE/](https://www.nortonsoundhealth.org/services/community-health-services/camp/summercise/)

2022 DATES



Registration

REGISTRATION WILL BE ONLINE

REGISTRATION WILL OPEN MAY 23RD & CLOSE ON JUNE 1ST

CHILDREN MUST BE 5 YEARS OLD BY THE FIRST DAY OF THEIR SESSION

[CLICK HERE TO REGISTER BY JUNE 1ST](#)



ALL REGISTERED INDIVIDUALS WILL BE CONTACTED BY JUNE 3RD WITH THEIR INTERN GROUP, SESSION DATES, AND DROP OFF LOCATION CALENDAR. PLEASE BE SURE TO PROVIDE A PRIMARY EMAIL ADDRESS.

Dates & Times:

SESSION 1: JUNE 6-23 2022

SESSION 2: JULY 11-28 2022

MONDAY - THURSDAY | 1-4:30PM



Cost:

REGISTRATION FEES ARE DUE BY JUNE 6TH. PAYMENT CAN BE MADE AT THE CAMP DEPARTMENT VIA CASH, CHECK OR CREDIT CARD.

\$50.00 PER SESSION

NO INTERNET ACCESS? NO PROBLEM - STOP BY THE CAMP OFFICE ANYTIME MONDAY THROUGH FRIDAY FROM 8AM - 5PM TO REGISTER.



LOCATIONS & LOGISTICS

*Summercise
Spots*

- EAST END PARK
- NOME ELEMENTARY SCHOOL
- CITY OF NOME POOL
- NACTEC HOUSE
- NOME COMMUNITY GARDEN
- LUTHERAN CHURCH SOCIAL HALL
- NOME RECREATION CENTER

*Locations are subject to change, list is not all inclusive

SUMMERCISE will take place in numerous spots in our community of Nome. Transportation is not provided. Please note we will NOT provide transportation to NACTEC House or the swimming pool as we did in years past. Please plan accordingly when registering your child for swimming.

You will receive a calendar for your session with daily drop off locations and designated staff members for your child's group. Please be sure to provide a valid email and save this calendar for your reference.

Children will need to be dropped off or arrive to their designated location by 1:00PM. Please do not drop off earlier than 12:45PM as we will not have available staff. Groups may move about the general area, so it is best that children are not tardy.

Summercise ends at 4:30PM and pick-up begins, please ensure your child is picked up or able to walk home by 5:00PM as staff members are released at this time.

Rain or Shine



SUMMERCISE will run rain or shine. A majority of our activities will be outside. Please send your child with appropriate dress for all weather. If we deem weather is too inclement, you will be contacted by 12:00PM with cancellation or location changes via your preferred contact method. Updates will also be made on social media.

COVID OPERATIONS & PROTOCOLS

NO STAFF DISPLAYING SYMPTOMS OF COVID-19 WILL PROVIDE SERVICES TO CHILDREN. SYMPTOMATIC OR ILL STAFF MAY NOT REPORT TO WORK AND WILL BE TESTED FOR COVID-19 IF EXPERIENCING SYMPTOMS OR IF THEY EXPECT EXPOSURE TO COVID-19.

PLEASE DO NOT SEND YOUR CHILD TO SUMMERCISE IF THEY ARE EXPERIENCING SIGNS AND/OR SYMPTOMS OF COVID-19, OR ANY OTHER ILLNESS THAT MAY SPREAD TO OTHER PARTICIPANTS.

2022 SUMMERCISE INTERNS THAT TRAVELED FROM OUT OF STATE HAVE ALL COMPLIED WITH CITY OF NOME AND NSHC COVID QUARANTINE, TESTING, AND VACCINATION REQUIREMENTS.

SOCIAL DISTANCING SHOULD BE ENCOURAGED WHENEVER POSSIBLE WITH AN UNDERSTANDING ON LIMITATIONS IN SOCIAL DISTANCING IN YOUNG CHILDREN.

SUMMERCISE WILL BE HELD OUTSIDE WHENEVER POSSIBLE. MASKS ARE NOT REQUIRED TO BE WORN BY STAFF OR PARTICIPANTS, BUT WILL CREATE AN INCLUSIVE ENVIRONMENT WHICH WILL MAKE CHILDREN WHO CHOOSE TO WEAR MASKS FEEL COMFORTABLE DOING SO.

OUR STAFF WILL DO OUR BEST TO EXPLAIN HEALTH GUIDELINES TO ALL CHILDREN AND STAFF, IN AN AGE-APPROPRIATE MANNER.

SUMMERCISE 2022 INTERNS

PARTICIPANTS WILL CHOOSE THEIR INTERN AND REMAIN WITH THEM FOR THEIR ENTIRE SESSION.

DURING REGISTRATION, CHILDREN WILL RANK THEIR TOP THREE INTERN CHOICES, WHILE WE CANNOT GUARANTEE IT, WE WILL DO OUR BEST TO MATCH PARTICIPANTS WITH THEIR TOP CHOICE.

INTERNS WILL ROTATE LOCATIONS, SO CHILDREN CAN DO MANY TYPES OF ACTIVITIES IN DIFFERENT LOCATIONS IN NOME.

IF YOU WOULD LIKE TO HAVE ALL OF YOUR CHILDREN WITH THE SAME INTERN, PLEASE INDICATE THIS ON YOUR REGISTRATION.

READ AHEAD WITH YOUR CHILD TO LEARN MORE ABOUT OUR INTERNS THIS YEAR!

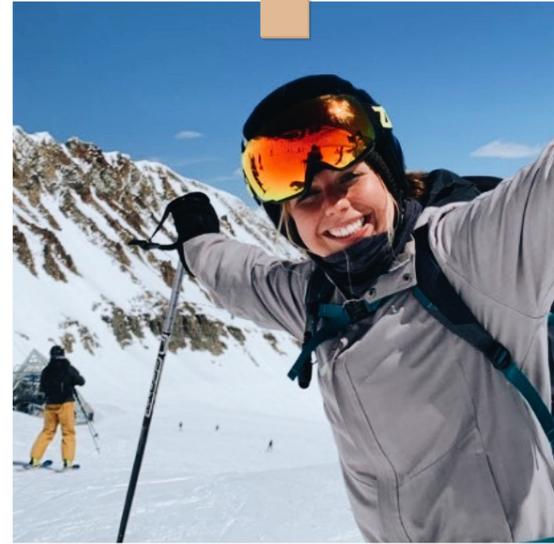


EACH INTERN WILL HAVE ONE TO TWO SUMMERCISE ASSISTANT ASSIGNED TO THEIR GROUP.

SUMMERCISE ASSISTANTS ARE HIGH SCHOOL OR COLLEGE AGED STUDENTS FROM OUR COMMUNITY OF NOME.

Claire Knutson

Hi, my name is Claire Knutson I am a Junior at Montana State University, located in Bozeman Montana and I am originally from Minnesota.



I love to garden, hike, and ski. I also love to coach swimming and soccer. I have coached swimming lessons for four years and have coached soccer for six years and love to share my passion for each sport with kids. I can't wait to spend the summer with you!

Erin Giles

Hi! My name is Erin Giles, I am a Junior at Montana State University, studying Nutrition: Dietetics. I originally grew up in Littleton, Colorado and can't wait to spend the summer in Nome!



I am very passionate about cooking, the outdoors, and gardening! I have spent a large portion of my life gardening, and have spent the last year working at a Garden Center back home.



In addition to gardening, I spend a lot of my free time hiking and have been a counselor for an outdoor school. I have previously played 12 years of soccer, and love getting out and just kicking the ball around. I can't wait to create some great memories and meet the kids at Summercise!





SEAN BURNETT

What's up! I'm from a small town in the mountains of Virginia, but I've lived in a few other countries since then. I'm a junior at Virginia Tech, and study food and nutrition!

At home, I love to ski, play soccer, snorkel and scuba dive, explore the outdoors, and cook up some crazy recipes, all of which I've been doing most of my life. I'm super excited to be able to pass on some of this knowledge to the kids this summer!

ABIGAIL STANDBROOK

HOWDY!

My name is Abigail Standbrook, I am a junior at Texas A&M University. I grew up as a military kid and have lived in Austin T.X and Washington D.C. I have an older brother and a dog named Andy after Toy Story! I am so excited to be in Nome for the Summer!

LACROSSE AND SWIM

- I have played lacrosse for 6 years and am the Vice President of the Texas A&M Women's Team. I really love lacrosse it is an easy sport to pick up and the basic skills apply to both boys' and girls' lacrosse. I have coached multiple youth camps for all skill levels and love playing the game.
- I have 5 years of experience swimming competitively and 3 years of experience coaching swim lessons to children. I am a huge advocate for the importance of basic swim skills and water safety.





Hannah Baumgart



Hi there! I'm from a small town in Wisconsin and I attend the University of Wisconsin Stout. Back at home, I love to teach dance classes, cook, and spend time hiking and kayaking.

I have been dancing for over 14 years. My favorite styles include ballet, lyrical, jazz, pom, and hip hop. I'm so excited to be in Nome for the summer and share my love of dance, food, and the outdoors with kids at Summercise!



HOLA!



Erika Paucar



Also love lifting weights

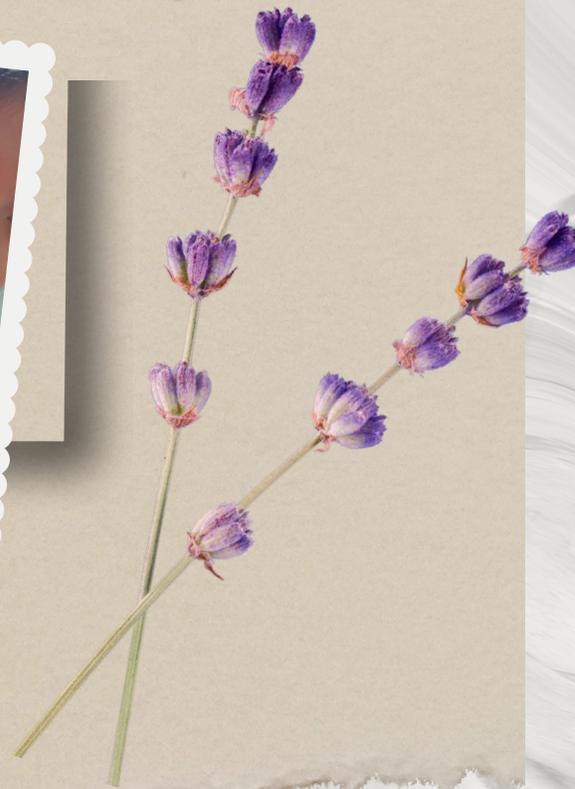
Together we can:

- Play basketball
- Design crafts
- Run
- Learn some words in Spanish



About Me

- 22 years old
- From Ecuador (South America)
- Dietetics student at Lehman College in New York
- Dog mom
- Love to explore new places



Thank You!



QUESTIONS?

907-443-3365

SUMMERCISE@NSHCORP.ORG

2022 Summer Events

GOLD DUST DASH - JUNE 18

WYATT EARP DEXTER CHALLENGE - JULY 23

WORLD BREASTFEEDING WEEK - AUGUST 1-7

TELLER SUMMERCISE JUNE 24TH

MONTHLY PRODUCE MARKETS

& MORE!